

Michelle Dlugosz, DMD, Owner: Oakhurst Dental Associates

Get to know Dr. Michelle Dlugosz, who serves patients in Oakhurst, New Jersey.



New York City, New York Oct 20, 2023 ([IssueWire.com](https://www.issuewire.com)) - Dr. Dlugosz is the Owner of Oakhurst Dental Associates, a full-service family dental practice in Oakhurst, New Jersey. All treatments and services are provided in a comfortable, spa-like clinic, meticulously crafted to meet the highest standards of excellence.

As a proficient dentist, Dr. Dlugosz firmly believes that exceptional dentistry begins with open communication with patients. She is dedicated to educating her patients about their oral health and actively involving them in every aspect of their care. She takes pleasure in thoroughly elucidating the reasons behind her recommendations, offering a comprehensive view of how each treatment option aligns with her patients' daily lives.

A cornerstone of her practice is the strong emphasis on preventive care. Dr. Dlugosz is committed to helping her patients maintain healthy and resilient teeth throughout their lifetime. She provides tailored guidance and maintenance plans to assist each patient in achieving a vibrant and healthy smile.

Throughout her academic career, Dr. Dlugosz earned her Bachelor of Science Degree from Seton Hall University. Subsequently, she completed her Doctor of Medicine in Dentistry Degree at the University of Medicine and Dentistry of New Jersey, which is now known as Rutgers Dental School, in 2001.

Following a two-year stint in New York, Dr. Dlugosz embarked on her career in Monmouth County, where she has remained ever since. Driven by her passion for dentistry and the desire to establish a warm and inviting practice, she founded Oakhurst Dental Associates in 2005. Originally situated in Wanamassa, Ocean Township, the practice relocated to its present address on Monmouth Road in 2012.

In order to stay up to date on the latest materials and dental technology, Dr. Dlugosz takes a variety of continuing education courses every year. In addition to dental procedures, she became certified in Botox and dermal fillers in 2012.

As a member of the American Dental Association, the New Jersey Dental Association, and the Monmouth-Ocean Dental Society, Dr. Dlugosz stays up to date on techniques that can aid her patients and increase their comfort levels.

Dentistry, also known as Dental and Oral Medicine, is a branch of medicine that consists of the study, diagnosis, prevention, and treatment of diseases, disorders, and conditions of the oral cavity. Dentists diagnose and treat dental issues and help patients develop better oral hygiene regimens. They clean teeth, correct bite issues, perform surgeries and extractions, and perform other duties to ensure that the teeth and mouth are healthy.

Oral hygiene habits form early in life, starting a path to a healthy mouth begins with early childhood dental care. Dr. Dlugosz participates in programs such as "Give Kids A Smile" and goes to local preschools to show kids how and why brushing is important and educate them about healthy snacks options.

In her spare time, Dr. Dlugosz enjoys traveling and spending time with her husband and 3 children.

Learn More About Dr. Michelle Dlugosz:

Through her findatopdoc profile,

<https://www.findatopdoc.com/doctor/3086702-Michelle-Dlugosz-Dentist> or through Oakhurst Dental Associates, <https://oakhurstdental.net/team/dlugosz-michelle/>

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