

Meredith Vandegrift, MD, FACS, a Plastic Surgeon with Vandegrift Plastic Surgery

Get to know Plastic Surgeon Dr. Meredith Vandegrift, who serves patients in Huntington, New York.



New York City, New York Oct 2, 2023 ([IssueWire.com](https://www.IssueWire.com)) - Dr. Vandegrift is a female board certified plastic and reconstructive surgeon in Long Island, New York who specializes in breast and body rejuvenation that restores a youthful, supple appearance after pregnancy or weight loss.

At Vandegrift Plastic Surgery, she offers a full complement of cosmetic and reconstructive procedures, including breast lift, breast augmentation, tummy tuck, liposuction, vaginal rejuvenation, and oncoplastic breast reduction. In addition to her surgical skills, Dr. Vandegrift has a special interest and expertise in both surgical and non-surgical facial rejuvenation, including Botox® and dermal fillers.

With a focus on keeping looks natural, Dr. Vandegrift provides a holistic approach to each patient, specifically tailoring a treatment regimen that will leave them looking and feeling their absolute best.

She never wants her patients to feel like they are being pressured or “sold” on a particular procedure. Instead, Dr. Vandegrift listens to and educates each patient so that they can make an informed decision on their own and ultimately have the outstanding experience and results they wish for. She wants each of her patients to feel comfortable, validated, and above all, leave her office feeling cared for.

Her extensive training includes graduating from SUNY Albany magna cum laude, then attending Stony Brook University School of Medicine. From there, she went on to complete a general surgery residency at NYU Langone Medical Center and a research fellowship at the renowned Institute for Reconstructive Plastic Surgery, also at NYU. Finally, she pursued her plastic surgery training with some of the nation’s preeminent leaders in cosmetic, plastic, and reconstructive surgery at Emory University in Atlanta.

Board certified in plastic surgery, Dr. Vandegrift holds the distinction of being a Diplomate of the American Board of Plastic Surgery (ABPS). The mission of the ABPS is to promote safe, ethical, efficacious plastic surgery to the public by maintaining high standards for the education, examination, certification and continuous certification of plastic surgeons as specialists and subspecialists.

On a professional level, Dr. Vandegrift is an active member of the American Society of Plastic Surgeons, the American College of Surgeons (Fellow), and the American Medical Association.

Plastic surgery is a surgical specialty involving the restoration, reconstruction, or alteration of the human body. It can be divided into two main categories - reconstructive surgery and cosmetic surgery. A plastic surgeon’s primary responsibility is performing surgical and non-surgical procedures, and they use a variety of reparative and reconstructive techniques to get the job done.

Learn More about Dr. Meredith Vandegrift:

Through her findatopdoc profile,

<https://www.findatopdoc.com/doctor/82541793-Meredith-Vandegrift-Plastic-Surgeon> or through

Vandegrift Plastic Surgery, <https://www.vandegriftplasticsurgery.com/about/meredith-vandegrift-md/>

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