

Judi Woolger, MD, FACP, MS, DACBN, an Internist with The Agatston Center for Preventive Medicine

Get to know Internist Dr. Judi Woolger, who serves patients in Miami Beach, Florida.



New York City, New York Oct 3, 2023 ([IssueWire.com](https://www.issuewire.com)) - With over 30 years of experience in sunny Miami, Dr. Woolger is a board certified internist with extensive experience in concierge medical care. She is the Chief Medical Officer of The Agatston Center for Preventive Medicine in Miami Beach, Florida.

“Hospitals and clinics like to focus on disease and treatment. People stay healthy when they focus on wellness and make healthy lifestyle choices on a daily basis. As a physician, I help people find what healthy choices they can make and what beneficial habits they want to develop. That may be related to food choices, but it also may pertain to their sleep patterns, stress reactions, and coping mechanisms. I love looking at the whole person and coming up with complete solutions” expressed Dr. Woolger.

Under the leadership of preventive cardiologist Dr. Arthur Agatston, The Agatston Center for Preventive Medicine is a concierge medicine practice that allows patients and physicians to spend the necessary time personalizing care. Its mission is to deliver the best available care to patients in the most efficient and timely manner.

Academically, Dr. Woolger attended the University of Florida, graduating with her Bachelor’s Degree in Microbiology in 1986. She then went on to earn her Medical Degree from the University of Florida College of Medicine in 1991, after which she performed her residency training at Jackson Memorial Hospital.

Most recently, in 2019, she earned a Master’s Degree in Nutrition, with a concentration in Functional Nutrition, from Nova Southeastern University.

As Associate Professor of Medicine at the University of Miami for more than three decades, Dr. Woolger served as the medical director of the UHealth Champions program and was essential to the development of the institution’s progressive program.

She moved to The Agatston Center for Preventive Medicine in 2018, where she provides personalized attention and focuses on all aspects of preventive health care.

In addition to being a Fellow of the American College of Physicians (FACP), Dr. Woolger is a Diplomate of both the American Clinical Board of Nutrition (ACBN) and the American Board of Internal Medicine (ABIM).

Internal medicine is the medical specialty dealing with the prevention, diagnosis, and treatment of adult diseases. Physicians specializing in internal medicine are called internists. They manage and prevent common and complex diseases by providing comprehensive care and promoting overall well-being.

Listed in the 100 Best Doctors in America for several years, Dr. Woolger is the co-author of the new Keto Friendly South Beach Diet with Dr. Agatston, a renowned cardiologist best known for his contribution to medicine by the development of the “Agatston Score”.

Learn More about Dr. Judi Woolger:

Through her findatopdoc profile, <https://www.findatopdoc.com/doctor/3146827-Judi-Woolger-Internist>, through The Agatston Center for Preventive Medicine, <https://www.theagatstoncenter.com/our-team/> or through her website, <https://judiwoolger.com/>

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Source : Judi Woolger, MD, FACP, MS, DACBN

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