

Get to know Physical Therapist Dr. Nia Wallace Ward, who serves patients in Baltimore, Maryland.

Nia Wallace Ward, PT, DPT, a Physical Therapist with the International Center for Spinal Cord Injury at Kennedy Krieger Institute



New York City, New York Oct 9, 2023 ([Issuewire.com](https://www.issuewire.com)) - Dr. Wallace Ward holds the role of Supervisor of Rehabilitation Technicians & Support Services at the International Center for Spinal Cord Injury (ICSCI) situated within the Kennedy Krieger Institute in Baltimore, Maryland.

ICSCI is dedicated to assisting both children and adults who have experienced spinal cord injuries and paralysis due to various causes, including accidents, strokes, tumors, birth defects, and more. Their treatment approach is centered on enhancing overall health and promoting the optimal recovery of neurological and daily functions through the application of Activity Based Restorative Therapy (ABRT).

Dr. Wallace Ward is among a legacy of leaders within ICSCI who have committed their careers to providing the most comprehensive care and innovative therapies available for patients dealing with spinal cord injuries and paralysis. This commitment is evident in their interdisciplinary team, which collaborates closely to deliver comprehensive care. In addition to the innovation and technology that are key components to the advanced treatment and rehabilitation programs at ICSCI, each patient benefits from the expertise of a physician certified in spinal cord injury and physical medicine and rehabilitation.

Reflecting her dedication to her field and her ongoing pursuit of excellence in the realm of spinal cord injury rehabilitation, Dr. Wallace Ward is an engaged member of the American Physical Therapy Association (APTA) and the National Association of Black Physical Therapists (NABPT).

As a physical therapist specializing in neurological rehabilitation at ICSCI, Dr. Wallace Ward is very knowledgeable on the practices and principles of Activity Based Restorative Therapy (ABRT). ABRT works toward the goal of increasing the mobility of a patient by activating the nervous system above and below the level of injury. This practice can provide input to the brain and nervous system, stimulating new connections and functions that can enhance a patient's quality of life, even long after the onset of their injury. ABRT focuses therapies within five principles, including: functional electrical stimulation, task specific practice, massed practice, weight bearing, and locomotor training.

In support of these principles, Dr. Wallace Ward has advanced training in aquatic therapy, locomotor training, and robotic-assisted gait training.

Learn More about Dr. Nia Wallace Ward:

Through her findatopdoc profile, <https://www.findatopdoc.com/doctor/501698-Nia-Wallace-physical-therapist-Baltimore-MD-21205> or through Kennedy Krieger Institute, <https://www.kennedykrieger.org/patient-care/centers-and-programs/international-center-for-spinal-cord-injury/about-us/meet-the-team>

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