

Elena D. Dragoi, MD, a Pediatrician with OPTIMUS at East Main

Get to know Pediatrician Dr. Elena D. Dragoi, who serves patients in Bridgeport, Connecticut.



New York City, New York Oct 2, 2023 ([Issuewire.com](https://www.issuewire.com)) - Dr. Dragoi is a board certified and fellowship trained pediatrician. Since 2020, she has been serving as the Director of Pediatrics at OPTIMUS at East Main in Bridgeport, Connecticut.

“Health care is more than just keeping people healthy and helping them get better when they are sick. It is building a relationship with a team of professionals who care for the whole person. That’s what OPTIMUS offers our patient: a lifetime of preventive health care as well as the physical, behavioral, and specialty care you need when you’re ill. With a passion for helping the people in the communities we serve regardless of their resources, OPTIMUS is a leading health care system you can rely on.”

Educated in Romania, Dr. Dragoi graduated with her Medical Degree from Grigore T. Popa University of Medicine and Pharmacy in 1995. After relocating to the United States, she went on to perform her residency in pediatrics at St. Joseph’s University Medical Center, followed by her fellowship in pediatric hematology/oncology at Zucker School of Medicine at Hofstra/Northwell at Cohen Children’s Medical Center.

Subsequent to her training, the doctor attained board certification in pediatrics through the American Board of Pediatrics (ABP). The mission of the ABP is to advance child health by certifying pediatricians who meet standards of excellence and are committed to continuous learning and improvement.

Dr. Dragoi’s research endeavors are primarily focused on three key areas: ADHD (Attention Deficit Hyperactivity Disorder), vitamin D deficiency (exploring its implications and potential solutions), and obesity. Through her work in these areas, she strives to make meaningful contributions to healthcare and well-being.

Pediatrics is the branch of medicine that involves the medical care of infants, children, and adolescents. The American Academy of Pediatrics recommends people be under pediatric care up to the age of 21. Pediatricians provide medical care to people ranging in age from newborns to young adults. They are trained to examine, diagnose, and treat children with a wide variety of injuries and illnesses through all of their developmental stages, as they grow and mature.

Beyond her professional life, Dr. Dragoi enthusiastically engages in various hobbies and sports. She finds solace in reading, creative expression through painting, mastering culinary arts in cooking, exploring the great outdoors through hiking, and enjoying the refreshing waters of swimming. Moreover, she is passionate about sharing knowledge and experiences through teaching. Her ideal vacation destination is the picturesque Amalfi Coast.

Learn More about Dr. Elena D. Dragoi:

Through her findatopdoc profile, <https://www.findatopdoc.com/doctor/2870995-Elena-Dragoi-Pediatrician> or through OPTIMUS Health Care, <https://optimushealthcare.org/location/optimus-east-main-health-care-main-office/>

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