

## **Dr. Vinay R. Shah, MD, an Expert Gynecologic Surgeon in Pelvic Reconstruction Surgery**

Dr. Shah, an expert gynecologic surgeon, is dedicated to taking care of the health of women who are suffering from pelvic organ prolapse at his clinic, situated at Paulison Ave., Clifton, New Jersey.



**Clifton, New Jersey Oct 12, 2023 ([IssueWire.com](https://www.issuewire.com))** - Dr. Vinay Shah, an expert physician, has been offering quality medical care for women for more than 22 years. His specialties are laparoscopic surgery, hysteroscopic surgery, urinary incontinence, and pelvic reconstruction surgery. He offers personalized care for every woman at his clinic in a cozy environment.

[Dr. Vinay R. Shah, MD](#), an [expert gynecologic surgeon](#), is dedicated to taking care of the health of women who are suffering from pelvic organ prolapse at his clinic, situated at Paulison Ave., Clifton, New Jersey.

#### Services offered for pelvic floor disorders

Dr. Shah and his team specialize in pelvic medicine for women. He and his team are highly experienced and skilled in diagnosing the disease and provide treatment for a variety of pelvic floor disorders like urethral diverticulum, pelvic organ prolapse, and urinary incontinence.

Almost one in four women in the US suffers from pelvic floor dysfunction. It is due to injured or weakened muscles. It could also be due to weak ligaments and connective tissues. As a result, such women suffer from limited movement, pain, and disruptions to daily life.

Pelvic floor repair involves surgery to treat prolapse, which is a disease where organs like the rectum, uterus, or bladder slip into the vaginal region. Dr. Shah uses a surgical strategy that involves a variety of techniques to strengthen and repair the pelvic floor and restore its integrity. To learn more about this reconstruction surgery, you can seek an appointment with Dr. Shah, who is a well-reputed gynecologist oncologist surgeon, physician, and obstetrician.

#### Pelvic floor repair classification

Pelvic floor repair is classified into posterior repair and anterior repair. Posterior repair will address your back wall. The Dr. Shah team will conduct anterior repair surgery to treat the front wall of the genital passage.

When women are experiencing issues like constipation, urinary leakage, and difficulties during lovemaking, it is due to prolapse. Under the guidance of Dr. Vinay R. Shah, MD, a well-known gyn surgeon, [laparoscopic pelvic floor repair in New Jersey](#), which is a minimally invasive procedure, will be performed to cure pelvic organ prolapse. The surgery is safe and reconstructs the pelvic floor effectively. It doesn't require a bigger abdominal incision.

The team led by Dr. Shah will use small instruments for laparoscopic surgery. A small incision is made in your abdomen, and these small instruments are inserted to perform this less-invasive surgery. Women who undergo this surgery will need to take around 3 months of rest for a complete recovery. They should avoid activities such as constipation, vigorous exercises, straining, lifting, and coughing that could pressure healing.

#### Treatment for cancers involving reproductive organs

When women are suffering from cancers like vaginal cancer, uterine cancer, ovarian cancer, and vulvar cancer, they can meet an eminent [gynecologist oncologist surgeon](#), Dr. Shah, for appropriate treatment or surgery to prevent the spread and provide a complete cure. He has expertise in the treatment and effective diagnosis of these cancers related to the reproductive system. He is also experienced in treating benign gynecologic diseases such as fibroids and extensive endometriosis.

Contact US:

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