

Violeta Recalde, MD, Aesthetic Medicine & Wellness

Get to know Board Certified Family Physician Dr. Violeta Recalde, who serves patients in California.



New York City, New York Sep 6, 2023 ([Issuewire.com](https://www.issuewire.com)) - Practicing Aesthetic Medicine and Primary Care in Orange County, Dr. Recalde is the Medical Director of MedGLO, where the art of beauty meets advanced medical science.

MedGLO offers a comprehensive approach to health and beauty, taking care of the body as a whole,

from the inside out. Aware that patients want to look and feel their best, Dr. Recalde takes care of her patient's needs from the inside out, with an anti-aging approach that includes an integrative assessment to optimize their health, as well as aesthetic treatments to make them feel and look their best.

With her unmatched precision and keen eye for detail, Dr. Recalde brings out the best in every client, sculpting their features to perfection. Her passion for natural-looking results and commitment to patient satisfaction make her the go-to expert for those seeking a revitalized and rejuvenated look with natural results.

Patients can trust in her extensive knowledge and experience as she artfully uses neurotoxins, fillers, neuromodulators, and lasers to smooth away wrinkles, restore volume, and enhance unique, personal beauty.

Throughout her academic career, Dr. Recalde graduated with her Medical Degree from the Pontifical Catholic University of Ecuador in 2008. She then relocated to the United States, performing her residency in family medicine at PIH Health Hospital - Whittier from 2012 until 2015.

Board-certified in Family Medicine, she is a Diplomate of the American Board of Family Medicine (ABFM). The ABFM is a non-profit, independent medical association of American physicians who practice in family medicine and its sub-specialties.

Passionate about integrative and preventive health, Dr. Recalde has exceptional medical expertise and genuine compassion, providing comprehensive and personalized care that prioritizes the family's well-being. Dr. Recalde has been practicing Adult Medicine and Advanced Aesthetics in Southern California as a Concierge Doctor and now, is opening her own integrative clinic to serve her patients best.

Family medicine is a medical specialty devoted to comprehensive health care for people of all ages. The specialist is called a family physician or family doctor. A family physician is often the first person a patient sees when seeking healthcare services. They examine and treat patients with a wide range of conditions and refer those with serious ailments to a specialist or appropriate facility.

Happily married, Dr. Recalde lives in Ladera Ranch with her husband and three children. She is passionate about traveling, trying out new cuisines, and exploring new cultures.

Learn More about Dr. Violeta Recalde:

Through her findatopdoc profile, <https://www.findatopdoc.com/doctor/1729827-Violeta-Recalde-Family-Practitioner>, or through MEDGLO at med-glo.com.

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