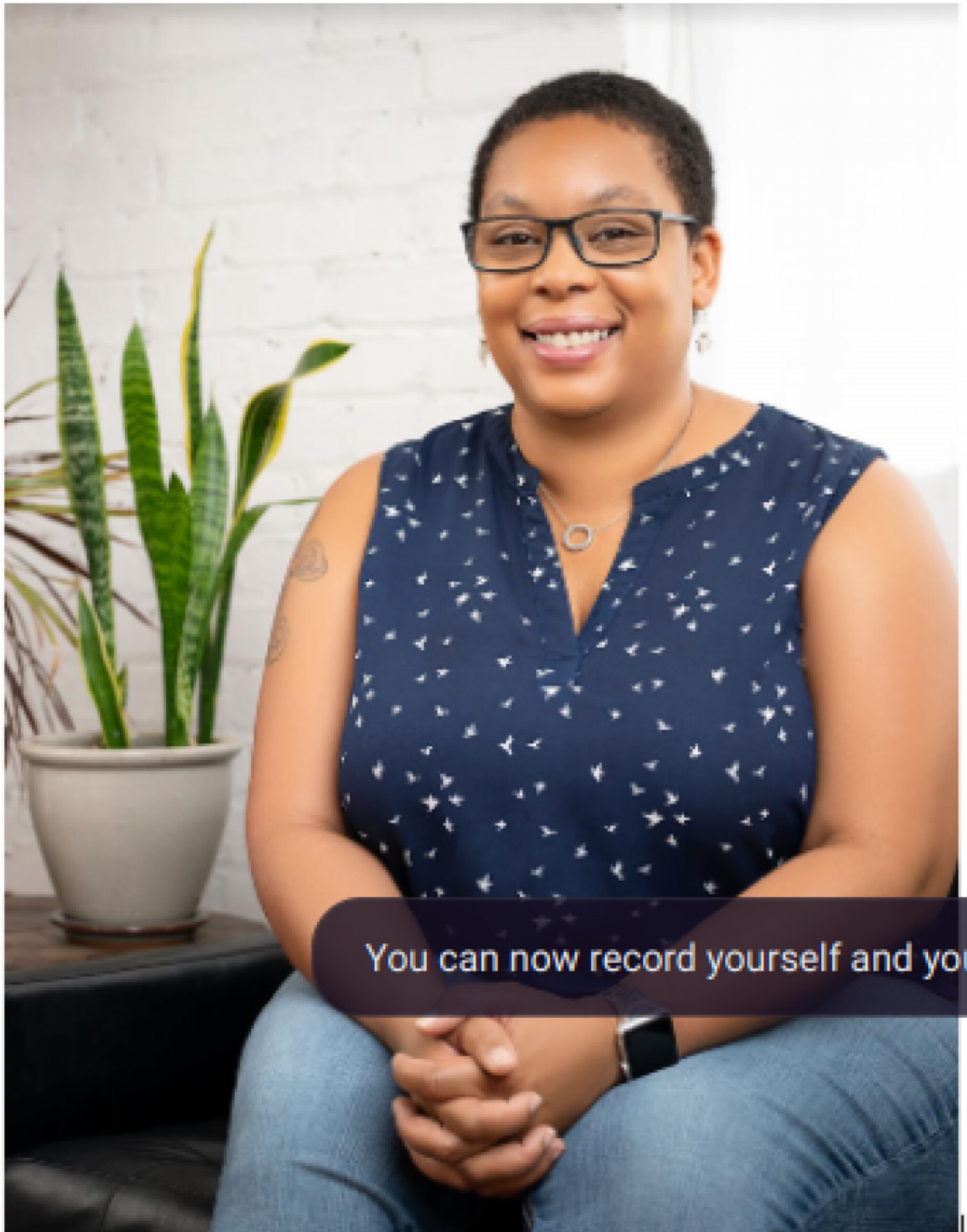


Tiffany Plavcan Joins Sun Point Wellness Center, Bringing a Wealth of Expertise to the Counseling Team



Lancaster, Pennsylvania Sep 19, 2023 ([Issuewire.com](https://www.issuewire.com)) - [Sun Point Wellness Center](https://www.sunpointwellness.com) is delighted to announce the addition of **Tiffany Plavcan** to their team. Tiffany will join the center this October, and her arrival will have a significant impact on the services and support they provide to their clients. Plavcan brings a wealth of expertise and a passion for mental health, with a strong background in counseling and a commitment to holistic well-being.

Tiffany holds a Master's degree in Clinical Mental Health Counseling and is a licensed professional counselor. Her educational background, combined with her years of practical experience, makes her a trusted and knowledgeable resource for clients seeking support for a wide range of mental health concerns.

One of the key reasons Sun Point Wellness Center is excited about Tiffany's addition is her knowledge and proficiency in various therapeutic modalities. Tiffany is well-versed in Cognitive Behavioral Therapy (CBT), Dialectical Behavioral Therapy (DBT), and mindfulness-based approaches. This diversity in her therapeutic toolkit allows her to tailor her approach to each client's unique needs, ensuring they receive the most effective and personalized care.

"I am thrilled to be a part of the Sun Point Wellness Center team," Tiffany shared. "I believe in the power of therapy to transform lives, and I am committed to helping individuals navigate their mental health journeys. It's a privilege to work with such a dedicated and caring group of professionals."

Tiffany's areas of specialization include **therapy for anxiety, depression, trauma, and relationship issues**. She has successfully guided clients through challenging life transitions, helping them develop coping strategies and resilience. Her dedication to the well-being of her clients is evident in the progress they make under her care.

Laura Morse, founder and clinical director of Sun Point Wellness Center, expressed her enthusiasm about Tiffany's addition to the team. "Tiffany brings much experience and a deep commitment to helping individuals achieve their mental health goals. Her contributions to our center will surely make a significant difference in the lives of our clients, and we look forward to her continued growth and impact within our community."

Sun Point Wellness Center is a renowned mental health and wellness facility that provides a wide range of **therapy and counseling** services to individuals and families in the Lancaster, PA area and virtually online. With a focus on holistic well-being, their team of dedicated professionals offers therapy, counseling, and support to help clients lead happier, healthier lives.

Tiffany Plavcan's addition to the Sun Point Wellness Center team reinforces their commitment to excellence and compassionate care. Her passion for mental health will undoubtedly continue to benefit clients as they embark on their journeys toward healing and personal growth.

For more information about Tiffany Plavcan and her contributions to Sun Point Wellness Center, please visit <https://www.sunpointwellness.com/tiffany-plavcan>.

For more information about Sun Point Wellness Center's other therapy and counseling, please visit <https://www.sunpointwellness.com>.

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Source : Sun Point Wellness Center is a leading mental health and wellness center located in Lancaster, PA. Founded by Laura Morse, a licensed professional counselor, the center is dedicated to providing comprehensive and compassionate care to individuals and families in need of mental health support. Their team of experienced professionals offers a range of services, including therapy, counseling, and support groups, to help clients achieve their mental health and well-being goals.

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