

Thomas Perkins, DO, FAOAO, FAAOS, an Orthopedic Surgeon with Rochester Hills Orthopedics and Sports Medicine, LLC

Get to know Orthopedic Surgeon Dr. Thomas Perkins, who serves patients in Rochester Hills, Michigan.



New York City, New York Sep 21, 2023 ([Issuewire.com](https://www.issuewire.com)) - Dr. Perkins is a distinguished board-certified orthopedic surgeon with specialized training in minimally invasive arthroscopic and reconstructive procedures for the knee and shoulder. His extensive background and unique experience provide unparalleled solutions and options for his patients at Rochester Hills Orthopedics and Sports Medicine, LLC.

Dr. Perkins' father, a member of the Michigan High School Athletic Association and Coaches Hall of Fame, played a pivotal role in shaping his athletic journey. Thanks to his guidance, Dr. Perkins and several of his siblings earned college scholarships for baseball and football. During his time at Oakland University, Dr. Perkins achieved notable distinctions, including All-State, All-Region, and 1st Team Academic All-American Honors in baseball. He was also honored as one of the baseball team's first recipients of Oakland University's "Outstanding Alumnus" Award.

After earning his Degree from Oakland University, Dr. Perkins pursued his medical education at Michigan State University College of Osteopathic Medicine. He completed his internship and orthopedic residency through MSU at McLaren Regional Medical Center-Macomb. He further enriched his expertise with an additional year of sub-specialty training at Michigan State University, focusing on advanced arthroscopic surgery and sports medicine. During this period, he served as a team physician for Spartans Athletics, various local high school teams, the Chicago Cubs organization's minor league baseball team, "Lansing Lug-nuts," and the Capital Centre Pride of the North American Junior Hockey League.

With a source of knowledge and insight, Dr. Perkins is board-certified in orthopedic surgery by the American Osteopathic Board of Orthopedic Surgery (AOBOS). The AOBOS is an organization that provides board certification to qualified Doctors of Osteopathic Medicine who specialize in the medical and surgical treatment of disorders of the musculoskeletal system.

Maintaining a commitment to ongoing education, Dr. Perkins holds the distinction of being a Fellow of the American Osteopathic Academy of Orthopedics (FAOAO) and a Fellow of the American Academy of Orthopaedic Surgeons (FAAOS).

Actively contributing to the clinical and operative education of students, interns, and residents, he serves as an Assistant Clinical Professor at MSU-COM College of Surgical Specialties. His research articles in advanced arthroscopic shoulder and knee ligament reconstruction, as well as minimally invasive partial knee replacement, underscore his commitment to advancing the field.

Throughout his career, Dr. Perkins has practiced in the Macomb and Oakland County area, which he proudly calls home. Committed to community service, he generously volunteers his time to support over 20 local high school sports, travel, and club teams. He has also provided treatment and consultation services to athletes from a wide array of universities, including MSU, Oakland University, Wayne State, Oakland Community College, Macomb Community College, Grand Valley State, Saginaw Valley State, Central Michigan, Western Michigan, and Eastern Michigan University.

Orthopedic surgery is the branch of surgery concerned with conditions involving the musculoskeletal system. Orthopedic surgeons use both surgical and non-surgical means to treat musculoskeletal trauma, spine diseases, sports injuries, degenerative diseases, infections, tumors, and congenital disorders.

Now a proud father of six children, all accomplished club (gymnastic/competitive dance), and varsity level athletes, Dr. Perkins uniquely combines his roles as a board-certified, fellowship-trained orthopedic surgeon, elite-level athlete, coach, and parent. This multifaceted perspective allows him to offer expert advice to individuals seeking a swift and safe return to an active lifestyle.

Dr. Perkins actively supports charitable causes and engages in philanthropic initiatives, including: Humble Design, which is dedicated to providing housing and essential goods to individuals in need; and Notre Dame Preparatory School Physics Lab, supporting the advancement of education.

When not in the medical realm, Dr. Perkins indulges his passions, which include golf, where he earned the esteemed title of Senior Club Champion in 2021, as well as maintaining a rigorous weightlifting regimen. However, his true joy lies in sharing activities cherished by his six children. His favorite place to vacation is the Grand Cayman, and his favorite professional publications include the Journal of Bone and Joint Surgery and the American Journal of Sports Medicine.

Learn More about Dr. Thomas Perkins:

Through his findatopdoc profile, <https://www.findatopdoc.com/doctor/3032404-Thomas-Perkins-Orthopedist>, or through Rochester Hills Orthopedics and Sports Medicine, LLC, <https://rhosportsmed.com/dr-perkins/>

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Source : Thomas Perkins, DO, FAOAO, FAAOS

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