

Tayna Miller, PMHNP-BC, a Psychiatric-Mental Health Nurse Practitioner with Banyan Wellness Center Maui

Get to know Psychiatric-Mental Health Nurse Practitioner, Tayna Miller, who serves patients in Kihei, Hawaii.



New York City, New York Sep 21, 2023 ([Issuewire.com](https://www.issuewire.com)) - Tayna is a board-certified psychiatric-mental health nurse practitioner working at Banyan Wellness Center Maui in Kihei, Hawaii. She specializes in providing medication management and treatment for a wide range of mental health concerns, with a particular focus on treating post-traumatic stress and trauma-related disorders.

Her therapeutic approach is rooted in cognitive behavioral and mindfulness-based therapy, alongside innovative evidence-based practices, including Ketamine infusions. Tayna believes in fostering healing through a combination of these approaches, while also considering the impact of medications.

Her background with SART/SANE (Sexual Assault Nurse Examiner/Sexual Assault Response Team) has equipped her with valuable insights to assist clients in making informed decisions as they navigate stressful and traumatic life experiences or challenging situations.

A firm believer in a holistic and collaborative approach to therapy, Tayna works together with each client to achieve common goals. Her aim is to support them in reaching their full potential by integrating medication management, supportive therapies, and lifestyle modifications. She prioritizes creating a safe and comfortable environment, and she values building a trusting, patient-centered relationship. Additionally, she takes into account clients' physical, spiritual, cultural, emotional, and social needs to provide comprehensive care.

In regards to her educational background, Tayna earned her Bachelor of Science in Nursing Degree from the University of Alaska in 2018. She then went on to obtain her Psychiatric-Mental Health Nurse Practitioner Degree from Wilkes University in 2023.

Continuously advancing her efforts, she maintains an active membership with the American Nurses Association.

Psychiatric nursing or mental health nursing is the appointed position of a nurse who specializes in mental health and cares for people of all ages experiencing mental illnesses or distress. In the United States, a psychiatric-mental health nurse practitioner (PMHNP) is an advanced practice registered nurse trained to provide a wide range of mental health services to patients and families in a variety of settings. PMHNPs diagnose, conduct therapy, and prescribe medications for patients who have psychiatric disorders, medical organic brain disorders, or substance abuse problems. They are licensed to provide emergency psychiatric services, psychosocial and physical assessment of their patients, treatment plans, and patient care. They may also serve as consultants or as educators for families and staff.

The key to Tayna's success can be attributed to recognizing a vital need within the community and having the desire to address and fulfill that need.

Outside of the office, she enjoys scuba diving and paddle boarding.

Learn More about Tayna Miller:

Through her findatopdoc profile, <https://www.findatopdoc.com/doctor/85019450-Tayna-Miller-Nurse>, or through Banyan Wellness Center Maui, <https://banyanwellnesscentermaui.com/meet-the-team>

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