

MIND CRAFT Announces Registration Opening for The Active Mindfulness Course

Atlanta, Georgia Sep 3, 2023 ([IssueWire.com](https://www.issuewire.com)) - One of Mind Craft's most popular courses, Active Mindfulness has empowered hundreds of former students to utilize the power of Mindset Building to succeed. We've learned how to take care of our bodies... Now it's time to take care of our minds. Mental Health for the Achiever.

[Mind Craft](#), a leading wellness company dedicated to enhancing mindsets, cultivating positivity, and equipping individuals with empowering techniques, is proud to announce the opening of registration for its highly anticipated course ... Active Mindfulness: "Where Your Thoughts Create Your Reality" ... September 12th, 16th, 26th & 30th in Sandy Springs, GA.

Developed by Mind Craft's team of seasoned experts, the Active Mindfulness course is designed to provide invaluable tools for individuals who find themselves stuck in repetitive cycles and hindered by life's obstacles. This comprehensive course, spanning three transformative hours, empowers participants with a MIND ENHANCING SYSTEM and principles that can revolutionize their capacity to achieve their goals and dreams.

- With the Active Mindfulness course, participants can expect to:
 - Change Behavior and Conquer Bad Habits: Master the art of behavioral change, allowing you to overcome negative patterns and forge a path to success.
 - Defeat Laziness and Procrastination: Learn strategies to defeat inertia and conquer procrastination, unleashing your true potential.
 - Transform Mindset and Elevate Mental Attitude: Shift your perspective, enhance moods, and cultivate a positive mental attitude that propels you forward.
 - Harness the Power of Thought and Communication: Discover how to project your thoughts and speak with intention, harnessing the power of language to shape your reality.
 - Boost Focus and Amplify Productivity: Enhance your ability to concentrate and skyrocket your productivity to new heights.
 - Navigate Challenges and Problem-Solving: Acquire the skills to tackle life's hurdles head-on, with a problem-solving mindset that ensures success.

"Over the years, we've witnessed countless individuals transform their lives through our Active Mindfulness course," said Stacey Craft, the Founder and CEO of [Mind Craft](#). "It's an honor to announce the opening of registration for the upcoming course, providing another opportunity for individuals to harness their potential and achieve the success they deserve."

To learn more about Mind Craft or to register for its Active Mindfulness course, visit <https://www.myactivemindfulness.com/>

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