

Margaret Timmermann, a Physical Therapist with Across All Ages Physical Therapy, LLC

Get to know Physical Therapist Margaret Timmermann, who serves patients in Breese, Illinois.



New York City, New York Sep 22, 2023 ([IssueWire.com](https://www.IssueWire.com)) - Treating patients ranging from just one day old and continuing throughout their lives, Margaret is the lead physical therapist and Owner of Across All Ages Physical Therapy, LLC in Breese, Illinois.

With a diverse range of expertise and specialization, she brings a comprehensive approach to healthcare. In the realm of women's health, Margaret focuses on addressing issues such as pelvic pain, female urinary incontinence, as well as postpartum and prenatal pain. In the field of oncology, her dedication lies in assisting patients dealing with general weakness during cancer treatments, as well as managing pain after mastectomy procedures, both with and without expanders, and providing lymphatic massage therapy for enhanced well-being. Furthermore, she is deeply committed to pediatrics, where she works with children facing challenges like delays in achieving gross motor milestones, torticollis/plagiocephaly, genetic disorders, and aiding young athletes in achieving their full potential. Dr., Timmermann also treats post-surgical, orthopedic conditions, athletic injuries, vertigo and balance issues, work conditioning, and issues related to gait.

Academically, Margaret graduated with her Bachelor of Science Degree in Physical Therapy from Maryville University of St. Louis in 1995.

With an impressive career spanning over 28 years, she has applied her expertise in various healthcare settings, including home health, nursing homes, outpatient clinics, and hospitals, where she consistently approaches each patient's care with the warmth and dedication one would reserve for family.

Physical therapy (PT), also known as physiotherapy, is one of the allied health professions that, by using evidence-based kinesiology, electrotherapy, shockwave modality, exercise prescription, joint mobilization, and health education, treats conditions such as chronic or acute pain, soft tissue injuries, cartilage damage, arthritis, gait disorders, and physical impairments typically of musculoskeletal, cardiopulmonary, neurological, and endocrinological origins. Physical therapy is used to improve a patient's physical functions through physical examination, diagnosis, prognosis, physical intervention, rehabilitation, and patient education. It is practiced by physical therapists (known as physiotherapists in many countries).

Learn More about Margaret Timmermann:

Through her findatopdoc profile,

<https://www.findatopdoc.com/doctor/1287884-Margaret-Maggie-Timmermann-Physical-Therapist>

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Source : Dr. Margaret Timmermann

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