

Kelly Powles, PT, DPT, CMTPT, a Physical Therapist with Sentara Therapy Center

Get to know Physical Therapist Dr. Kelly Powles, who serves patients in Norfolk, Virginia.



New York City, New York Sep 21, 2023 ([Issuewire.com](https://www.issuewire.com)) - An exceptional Physical Therapist, Dr. Powles is affiliated with Sentara Therapy Center, seeing patients in Norfolk, Virginia. She has a notable history of working in the hospital and healthcare industry. Her impressive blend of education, skills, and accolades, positions her as a distinguished figure in the field of Physical Therapy.

Back in the early days of her academic career, she completed a Bachelor's degree in Athletic Training/Trainer at Methodist University, graduating in 2011. Thereafter, she pursued her Doctor of Physical Therapy degree at Old Dominion University from 2012 to 2015, a testament to her dedication to advancing her knowledge and skills in her chosen field.

Physical medicine and rehabilitation, also known as physiatry, is a branch of medicine that aims to enhance and restore functional ability and quality of life to those with physical impairments or disabilities. Physiatrists treat a wide variety of medical conditions affecting the brain, spinal cord, nerves, bones, joints, ligaments, muscles, and tendons.

Among her most notable achievements, Dr. Powles has been the recipient of the Key Contributor Award by Sentara Healthcare in October 2022.

Learn More about Dr. Kelly Powles:

Through her findatopdoc profile, <https://www.findatopdoc.com/doctor/83641919-Kelly-Powles-Physiatrist-Physical-Medicine>, or through Sentara Therapy Center, <https://www.sentara.com/find-a-doctor/healthcare-provider/Powles-Kelly-133104>

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