

Ilana Itenberg, DPM, a Podiatrist with Heel To Toe Podiatry

Get to know Podiatrist Dr. Ilana Itenberg, who serves patients in Nashua, New Hampshire.



New York City, New York Sep 14, 2023 ([IssueWire.com](https://www.issuewire.com)) - An accomplished podiatrist, Dr. Itenberg's life journey is one that spans continents, demonstrating her remarkable dedication to the field of podiatry. Born in Lithuania, she and her parents embarked on a new chapter in 1979 when they immigrated to the United States. Growing up in upstate New York, she cultivated a passion for healthcare that would shape her future.

After completing high school, Dr. Itenberg pursued her academic aspirations, earning her Bachelor of Arts in Psychology from Ithaca College in 1995. Her educational foundation in psychology laid the groundwork for her compassionate approach to patient care.

The doctor's acclaimed career in medicine began after she earned her medical degree from the New York College of Podiatric Medicine in the heart of New York City. Her commitment to excellence and dedication to her field were evident as she became a member of the Gamma Chapter of Pi Delta, a National Podiatric Honor Society.

Moreover, in 2000, Dr. Itenberg took a significant step in her medical career by beginning a three-year surgical residency at Saint Barnabas Medical Center in Livingston, New Jersey, an affiliate of Mount Sinai School of Medicine. She completed her surgical residency in 2003 and embarked on a professional journey that would take her to different locations in New York, including Riverdale and New York City. She held privileges at prestigious institutions like Columbia Presbyterian Hospital and Beth Israel Medical Center while serving on the staff at several surgical centers.

In 2007, the doctor embarked on a new chapter by relocating to New Hampshire, where she joined Foundation Foot and Ankle in Nashua. Her commitment to her patients and her passion for podiatric care continued to shine throughout her tenure. In November 2022, she founded Heel To Toe Podiatry, PLLC, alongside Dr. Abboud, further establishing her commitment to providing top-notch podiatric care.

Recognized as a Fellow of the American College of Foot and Ankle Surgeons (ACFAS), Dr. Itenberg holds the title of Diplomate of the American Board of Foot and Ankle Surgery (ABFAS) and is board-certified in podiatric surgery by the American Board of Foot and Ankle Surgery since 2010.

Holding membership status, she is an active member of the American Podiatric Medical Association (APMA), reflecting her dedication to her profession.

Among her most notable achievements, Dr. Itenberg has been the recipient of New Hampshire Magazine's Top Doc award in 2014, a testament to her expertise and dedication to her patients' well-being.

Podiatry is a branch of medicine devoted to the study, diagnosis, and medical and surgical treatment of a variety of disorders of the foot, ankle, and lower extremity. A podiatrist, also known as a podiatric physician or a foot and ankle surgeon, is a medical professional devoted to the treatment of disorders of the foot, ankle, and lower extremity. They can treat injuries and complications from ongoing health issues like diabetes.

On a more personal note, the doctor finds joy in spending quality time with her husband and two boys. She embraces an active lifestyle, enjoying activities such as hiking and tennis, and has a passion for exploring new destinations through travel.

Learn More about Dr. Ilana Itenberg:

Through her findatopdoc profile,

<https://www.findatopdoc.com/doctor/2541888-Ilana-Itenberg-podiatrist-foot-and-ankle-specialist-Nashua-NH-03060> or through Heel To Toe Podiatry, <https://heeltotoepodiatry.com/about/meet-the-doctors/#itenberg>

About FindaTopDoc.com

FindaTopDoc is a digital health information company that helps connect patients with local physicians and specialists who accept your insurance. Our goal is to help guide you on your journey towards optimal health by providing you with the know-how to make informed decisions for you and your family.

Media Contact

Your Health Contact

clientservice@yourhealthcontact.com

Source : Ilana Itenberg, DPM

[See on IssueWire](#)