

Dr. Michelle Chabbott, Psychologist

Get to know Psychologist Dr. Michelle Chabbott, who serves patients throughout California.

New York City, New York Sep 27, 2023 ([Issuewire.com](https://www.issuewire.com)) - With professional counseling experience across seven states, Dr. Chabbott is a licensed psychologist in California, New Jersey, the District of Columbia, Maryland, North Carolina, Delaware, and Kansas. She has consistently demonstrated a commitment to improving the lives of individuals through her clinical expertise and leadership in the field of psychology and healthcare.

Dr. Chabbott has a rich background in delivering therapy tailored to address anxiety, trauma, severe mental illness, intellectual disabilities, and neurodivergent conditions, for both individuals and their support networks. Her steadfast commitment lies in fostering collaboration, which involves meeting individuals at their unique life junctures, empowering them, imparting valuable skills, and nurturing resilience.

Dr. Chabbott's academic journey spans prestigious institutions and fields of study. She earned her Bachelor of Arts Degree in Psychology, Sociology, and Political Science from the University of Delaware in 1977. Subsequently, she pursued her Doctor of Education Degree in Counseling Psychology at Rutgers University, graduating in 1992.

Her extensive work experience unfolds chronologically, showcasing her dedication to the field of psychology and healthcare. After nine years in a private practice setting, Dr. Chabbott became the Director of Outpatient Counseling Services at Washington Hospital Center in 2007, followed by an impactful tenure as the Director of Clinical Services at the National Children's Center until March 2012. Dr. Chabbott continued to privately offer assessment and intensive treatment for individuals who experienced trauma with co-occurring disabilities through Integrated Psychological Services.

Thereafter, Dr. Chabbott transitioned to the role of Clinical Director at Keystone Human Services and Individual Advocacy Group, where she served from October 2014 to March 2020. In this role, she not only offered clinical services but also played a pivotal role in developing behavior support plans, training staff in trauma-informed treatment, and ensuring compliance with best practices while overseeing facilities, programs, and services. Her responsibilities extended to crisis management and adhering to budget and delivery timelines.

In a recent role as Executive Director for Liberty Healthcare Corporation, Dr. Chabbott led the organization's Independent Assessment Program in Washington, District of Columbia, from March 2020 to March 2023. Dr. Chabbott resides in California and currently provides psychological services for those with anxiety, trauma, and stress through the clinical practice of Anxiety Treatment Services (www.AnxietyTreatmentServices.com) in San Jose, California. She is also enthusiastic about providing telepsychology treatment for clients in states where she holds licensure.

In affiliation with several professional organizations, she is an active member of the American Psychological Association (Division on Trauma Psychology and Division on Family Psychology), the International Society for the Study of Trauma and Dissociation, and the Eye Movement Desensitization and Reprocessing International Association as well as the New Jersey Psychological Association and Maryland Psychological Association.

Psychology is the science of behavior and mind. It includes the study of conscious and unconscious phenomena, as well as feeling and thought. It is an academic discipline of immense scope.

Psychologists assess, diagnose, and treat the psychological problems and behavioral dysfunctions resulting from, or related to, physical and mental health. In addition, they play a major role in the promotion of healthy behavior, preventing diseases, and improving patients' quality of life.

Learn More about Dr. Michelle Chabbott:

Through her findatopdoc profile,

<https://www.findatopdoc.com/doctor/3302199-Michelle-Chabbott-Psychologist>

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