

Andrea N. McSwain, DO, an Osteopathic Physician with Michigan Center for Holistic Medicine

Get to know Osteopathic Physician Dr. Andrea N. McSwain, who serves patients in Lansing, Michigan.



New York City, New York Sep 22, 2023 ([Issuewire.com](https://www.issuewire.com)) - Known for her exceptional medical expertise and compassionate patient care, Dr. McSwain is an osteopathic physician with residency training in obstetrics and gynecological surgery.

Her practice, Michigan Center for Holistic Medicine, is centered around wellness medicine with an emphasis on age management. It has grown from just one location in Lansing to now serving the communities of Grand Rapids, Traverse City, and Frankfort, alongside a team of like-minded practitioners.

Using Osteopathic Manual Medicine to realign the body, Dr. McSwain has a keen understanding of how the body's systems are interconnected and how each one affects the others, promoting healing and increasing overall mobility. She considers herself a partner in health for her patients, believing in patient-centered medicine, not disease-centered medicine.

With a broad educational background, Dr. McSwain received her Undergraduate Degree from Arizona State University. She then attended Midwestern University's College of Osteopathic Medicine, earning her Doctor of Osteopathic Medicine Degree in 2009.

Furthering her education, she received training from the Institute for Functional Medicine as well as the American Association of Anti-Aging Medicine.

Through her lived experiences, Dr. McSwain found a passion for providing holistic healthcare after watching her mother struggle for years with various comorbidities, which were overlooked by the mainstream healthcare system. While she was unable to receive the healing she deserved, her mother passed away due to her illnesses at the age of 50.

Now, in her own practice, Dr. McSwain's ultimate goal is to help her patients discover life-long health and provide an individualized pathway to wellness by treating the root cause of illness. In the future, she hopes to continue to grow her practice to provide access to better health for all Michiganders.

Obstetrics and gynecology (OB-GYN) is the medical specialty that encompasses the two subspecialties of obstetrics (covering pregnancy, childbirth, and the postpartum period) and gynecology (covering the health of the female reproductive system – vagina, uterus, ovaries, and breasts). An obstetrician-gynecologist, or OB-GYN, is a healthcare professional who specializes in female reproductive health.

Learn More about Dr. Andrea N. McSwain:

Through her findatopdoc profile,

<https://www.findatopdoc.com/doctor/2787750-Andrea-Mcswain-ob-gyn-obstetrician-gynecologist-Lansing-MI-48910> or through Michigan Center for Holistic Medicine, <https://micenterhm.com/our-team/andrea-mcswain/>

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