

Amanda Freeman, PhD, PMH-C, a Psychologist with Headway Therapy Psychology, PC

Get to know Psychologist Dr. Amanda Freeman, who serves patients in Encinitas, California.



New York City, New York Sep 7, 2023 ([Issuewire.com](https://www.issuewire.com)) - Dr. Freeman, a licensed clinical psychologist, is the Owner of Headway Therapy Psychology, PC, and Therapist Marketplace in Encinitas, California.

Her vision for Headway Therapy is to create a warm, safe, and tranquil environment for connecting, healing, and growing. Serving teenagers through adults, Dr. Freeman enjoys the opportunity to help people realize their potential and form deeper therapeutic relationships with clients. Together, they collaborate on resolving struggles, deepening self-awareness, and increasing a sense of fulfillment. She created Therapist Marketplace as a platform for therapists to support one another and their clients with carefully curated resources and products.

After graduating with her Master of Education Degree from the University of the Witwatersrand, Dr. Freeman went on to earn her Doctor of Philosophy Degree in Clinical Psychology from Adelphi University in 2011.

Licensed through the California Board of Psychology, she is also an active member of the Postpartum Health Alliance and Postpartum Support International.

Over the course of her career, Dr. Freeman has worked internationally, on the East Coast, and in San Diego. After working at some great organizations, she realized her dream of opening her own private practice, which she finds to be very fulfilling and rewarding.

“The people I work with find that I am warm, empathic, and thoughtful. Together, we journey through painful feelings and experiences and discover how life became such a blur of activity. We slow it down to deepen self-awareness and strengthen connections with others” expressed Dr. Freeman.

Psychology is the science of behavior and mind. It includes the study of conscious and unconscious phenomena, as well as feeling and thought. It is an academic discipline of immense scope. Psychologists assess, diagnose, and treat the psychological problems and behavioral dysfunctions resulting from, or related to, physical and mental health. In addition, they play a major role in the promotion of healthy behavior, preventing diseases, and improving patients' quality of life.

In her personal life, Dr. Freeman enjoys lots of downtime at the beach or in the mountains and adventuring with her husband and children.

Learn More about Dr. Amanda Freeman:

Through her findatopdoc profile, <https://www.findatopdoc.com/doctor/81847938-Amanda-Freeman-Psychologist> or through Headway Therapy Psychology, PC, <https://www.headwaytherapygroup.com/amanda-freeman/> as well <https://www.therapistmarketplace.com>

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Source : Amanda Freeman, PhD, PMH-C

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