## **'Success Over Stress: NLP Strategies for Corporate Leaders' Now Available for Pre-Sale**

This book is packed with powerful Neuro Linguistic Programming (NLP) techniques designed to help busy corporate leaders overcome stress and achieve greater success in both their personal and professional life.



## SUCCESS OVER STRESS

NLP STRATEGIES FOR CORPORATE LEADERS



Kimberly A. Reid, MNLP, C.Ht.

**Anchorage, Alaska Aug 1, 2023 (<u>Issuewire.com</u>) - Are you a corporate leader feeling overwhelmed and stressed out? Do you feel like your productivity and success are being hindered by your stress levels?** If so, 'Success Over Stress: NLP Strategies for Corporate Leaders' is the book for you.

Written by stress and anxiety expert Kimberly A. Reid, MNLP, C.Ht., this book is packed with powerful Neuro Linguistic Programming (NLP) techniques designed to help busy corporate leaders overcome stress and achieve greater success in both their personal and professional life.

"Having experienced high-level burnout myself and the long road of recovery from it, I am passionate about empowering others with effective stress management tools so they may lead healthier and more successful lives." says Kimberly A. Reid, MNLP, C.Ht.

From simple breathing exercises to advanced cognitive strategies, these tools will help you stay focused and energized in the face of even the most challenging situations. Ms. Reid has been on a mission to find better ways of living her whole life, and has utilized these tools, along with claircognizance and clairsentience, to produce tangible and lasting results for her clients.

Founder of Reid Consulting and The Ascension System, Coach Kimberly is a certified coach as well as a Clinical Hypnotherapist, Master Practitioner of NeuroLinguistic Programming, NLP Life Coach, and Reiki Energy Practitioner. Her expertise and experience make 'Success Over Stress' a must-read for any professional looking to improve their health and achieve their goals with more joy.

'Success Over Stress: NLP Strategies for Corporate Leaders' is now available for pre-order. Order your copy today at Amazon.com <a href="https://www.amazon.com/dp/B0CCWBNR4V">https://www.amazon.com/dp/B0CCWBNR4V</a> and take the first step towards a more stress-free and successful life.

## **About Kimberly Reid:**

Founder of Reid Consulting and The Ascension System, Coach Kimberly has been on a mission to find better ways of living since age five! She is a certified coach as well as a Clinical Hypnotherapist, Master Practitioner of NeuroLinguistic Programming, NLP Life Coach and Reiki Energy Practitioner. She delights in utilizing these tools, along with claircognizance and clairsentience, to produce tangible and lasting results for her clients, with an over 90% success rate! Her coaching style is truth delivered with compassion and humor.

Kimberly Reid

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