

Garrett Parker Peresko, DPM, a Podiatrist with Arbor Health—Specialty Clinic

Get to know Podiatrist Dr. Garrett Parker Peresko, who serves patients in Washington.



New York City, New York Aug 31, 2023 ([IssueWire.com](https://www.IssueWire.com)) - A foot and ankle surgeon, Dr. Peresko leads the podiatry team at Arbor Health—Specialty Clinic, which is focused on evaluating, diagnosing, and developing treatment plans for problems related to the feet, ankles, and lower leg.

Committed to providing excellent care, some of the most common conditions the team can assist with are arthritis, plantar fasciitis, heel and arch pain, heel spurs, bunions, bunionette, ingrown toenails, hammer toes, fungal infections, warts, calluses and corns, and diabetic related conditions.

To provide treatment for these conditions, they offer podiatry services: routine foot care, routine toenail care, orthotics, corrective shoes, supports or inserts, physical therapy, medication injections, and surgery (performed at Morton Hospital).

An Oklahoma native, having grown up in a rural small town, Dr. Peresko attended Oklahoma State University, receiving multiple degrees—biology major and microbiology minor as well as a Business Administration Degree from a junior college—before moving on to Western University of Health Sciences in Los Angeles, California. His following three-year medical residency was with what he considered to be two of the best programs in the country—West Penn Hospital in Pittsburgh, where he was chief resident and Swedish Medical Center in Seattle. He completed the first two years at West Penn and then applied and was accepted to Swedish Medical Center for his final year.

Bringing a wealth of knowledge and experience to Arbor Health, Dr. Peresko is an active researcher and a prolific author. He has published upwards of six papers in his final year of residency and authored a textbook chapter.

Podiatry is a branch of medicine devoted to the study, diagnosis, and medical and surgical treatment of a variety of disorders of the foot, ankle, and lower extremities. A podiatrist, also known as a podiatric physician or a foot and ankle surgeon, is a medical professional devoted to the treatment of disorders of the foot, ankle, and lower extremities. They can treat injuries and complications from ongoing health issues like diabetes.

Serving the district and community and giving much-needed foot and ankle care, Dr. Peresko attributes his success to helping his patients feel better, utilizing the latest techniques and procedures, continuing his education, and continuously striving to make a difference.

Learn More about Dr. Garrett Parker Peresko:

Through his findatopdoc profile, <https://www.findatopdoc.com/doctor/82962310-Garrett-Peresko-Podiatrist-Foot-and-Ankle-Specialist> or through Arbor Health, <https://www.myarborhealth.org/services-specialties/foot-ankle-podiatry-medicine/>

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