

## **Elizabeth Sandel, DO, a Family Physician with St. Peter's Rensselaer Health Center and Capital Region Family Health Care**

Get to know Family Physician Dr. Elizabeth Sandel, who serves patients in Rensselaer, New York.



**New York City, New York Aug 16, 2023 ([Issuewire.com](https://www.issuewire.com))** - Dr. Sandel is a doctor of osteopathic medicine specializing in family medicine. She practices at St. Peter's Rensselaer Health Center and

Capital Region Family Health Care, both of which are conveniently located in Rensselaer, New York.

Her professional interests include pediatric, adolescent, women's health, and mental health care. She previously worked as a primary care provider at Lettrick Family Medicine in Castleton, New York.

Academically, Dr. Sandel received her Doctor of Osteopathic Medicine Degree from the Rowan-Virtua School of Osteopathic Medicine in 2004. She then went on to perform her residency in family medicine at Virtua Our Lady of Lourdes Hospital from 2005 until 2007.

Dedicated to clinical excellence, the doctor is board certified in family practice and osteopathic manipulative medicine by the American Osteopathic Board of Family Physicians (AOBFP). The AOBFP is an organization that provides board certification to qualified osteopathic physicians who specialize in delivering comprehensive primary care for patients of all ages, genders, and addressing all parts of the body.

Family medicine is a medical specialty devoted to comprehensive health care for people of all ages. The specialist is called a family physician or family doctor. A family physician is often the first person a patient sees when seeking healthcare services. They examine and treat patients with a wide range of conditions and refer those with serious ailments to a specialist or appropriate facility.

#### **Learn More about Dr. Elizabeth Sandel:**

Through her findatopdoc profile, <https://www.findatopdoc.com/doctor/2848396-Elizabeth-Sandel-Family-Practitioner> or through St. Peter's Health Partners, <https://www.sphp.com/provider/elizabeth-helen-sandel-do-family-medicine>

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