

Dr Rahul Guru Announces the Opening of his private pain practice at Spire Cardiff Hospital on Pentwyn Road, Cardiff

Dr Guru, a consultant in Pain Medicine and Anaesthetics at the University Hospital of Wales and University Hospital Llandough has announced the grand opening of his private practice at Spire Cardiff Hospital on Pentwyn Road, Cardiff.

Cardiff, Wales Aug 11, 2023 ([Issuewire.com](https://www.issuewire.com)) - He manages patients holistically and follows the biopsychosocial model of pain management.

Dr. Rahul Guru Announces the opening of his private pain clinic at Spire Cardiff Hospital on Pentwyn Road, Cardiff. He is a consultant in pain medicine at the University Hospital of Wales and the University Hospital Llandough. Dr. Guru has been instrumental in reducing the pain of many patients by collaborating closely with healthcare professionals, utilising his expertise and experience in working in close partnership. Doctors from various fields have been referring their patients to Dr. Rahul Guru for pain management. Dr Guru and has efficiently treated many patients with severe pain post-surgery or post-cancer treatments. With Dr. Guru's leadership and interdisciplinary working skills, he has gained a reputation for being extremely diligent in his work.

A thorough assessment of the patient's psychological, occupational, and social impact is done after a physical examination. There are various categories and classifications of pain. There are multiple categories and classifications of pain. A pain medicine consultant analyses and classifies the kind and intensity of a patient's pain. An essential aspect of successful pain management is an enhanced understanding of patients and their pain. As a consultant in pain medicine, Dr. Guru employs a wide range of therapies that include sports injury, back pain, piriformis syndrome, diabetic neuropathy, whiplash, pelvic pain, fibromyalgia, etc.

Apart from these, in the treatments where pharmacological medication is involved, analgesics are combined with a range of other co-analgesics, neuropathic, and other long-term pain syndromes. If pain is caused by a nerve injury, the pain medicine consultant in Cardiff may prescribe painkillers for nerve pain.

Apart from these Dr. Guru specialises in interventional pain medicine. In layperson's terms, interventional pain management is an injection treatment for pain. A pain medicine consultant injects the medication into the muscles, joints, spine, or around the nerve to relieve pain. At times they also implant pain-relief devices in some patients with chronic pain. These systems are sited inside the human body, close to a nerve, so they stimulate the nerve (spinal cord stimulators and nerve stimulators) or release medicine (intrathecal pumps).

If searching online for more services like medicolegal reporting in Cardiff, South Wales visit the website <https://cardiffpainclinic.com/> and book an appointment with Dr. Guru.

About The Doctor:

Dr. Guru works in the NHS as a Consultant in Pain Medicine and Anaesthetics at the University Hospital of Wales and University Hospital Llandough. He treats patients with various chronic pain conditions and has a special interest in spinal pain, neuropathic (nerve) pain, headache, migraine (Botox for migraine), and cancer pain.

Media Contact

Cardiff Pain Clinic

info@cardiffpainclinic.com

07438 373 884

Spire Cardiff Hospital, Pentwyn Road

Source : Cardiff Pain Clinic

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