

Daniel Brasket, DC, a Chiropractor with North Country Sport and Chiropractic

Get to know Chiropractor Dr. James Herndon, who serves patients in Orlando, Florida.



New York City, New York Aug 10, 2023 ([Issuewire.com](https://www.issuewire.com)) - A skilled chiropractor, Dr. Brasket is the Owner of North Country Sport and Chiropractic in Eagan, Minnesota. His commitment to patient care is unwavering, and he always strives to deliver the highest level of service to his patients. Dr. Brasket's goal is to empower individuals to work toward and achieve their health and wellness objectives. By focusing on personalized care and fostering strong patient relationships, he ensures that every

individual receives the attention they deserve.

Academically, his journey into chiropractic care was sparked by his time in the Army as a Combat medic, where he witnessed the power of holistic approaches to healing. Initially considering a path to traditional medical school for an MD, he found himself drawn to the holistic and non-pharmaceutical approach offered by chiropractic care. He obtained his Doctor of Chiropractic and an undergraduate degree in Human Anatomy with honors from Northwestern Health Sciences University.

In his clinical role, Dr. Brasket's hands-on adjustment techniques are accompanied by a specialization in powerlifting and functional fitness. This unique skill set allows him to work effectively with patients of all ages, helping them achieve optimal health and performance. Notably, he takes great pride in serving veterans, both retired and still in active service, as a gesture of gratitude for their sacrifices.

Before establishing North Country Chiropractic, he honed his expertise during his time at Lifetime Fitness, where he gained invaluable experience in detailed rehabilitation and unique myofascial techniques. Drawing from his diverse background, he seamlessly integrates techniques in physiotherapy and rehabilitative exercise, as well as various forms of myofascial release.

Chiropractic is a form of alternative medicine that mainly deals with the diagnosis and treatment of mechanical disorders of the musculoskeletal system, especially the spine. A chiropractor uses spinal adjustments, manipulation, and other techniques to manage patients' health concerns, including neck pain, back pain, headaches, vertigo, and a long list of other ailments and conditions. They aim to improve patients' functionality and quality of life by properly aligning the body's musculoskeletal structure and enabling the body to heal itself naturally, without the use of medication or surgery.

Learn More about Dr. Daniel Brasket:

Through his findatopdoc profile, <https://www.findatopdoc.com/doctor/84884245-Daniel-Brasket-Chiropractor>, or through North Country Sport and Chiropractic, <https://northcountrysport.janeapp.com/locations/north-country-sport-and-chiropractic/book>

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