

Colorado Poet Zaneta Varnado Johns Hits Amazon's Top New Release List with the What Matters Journal



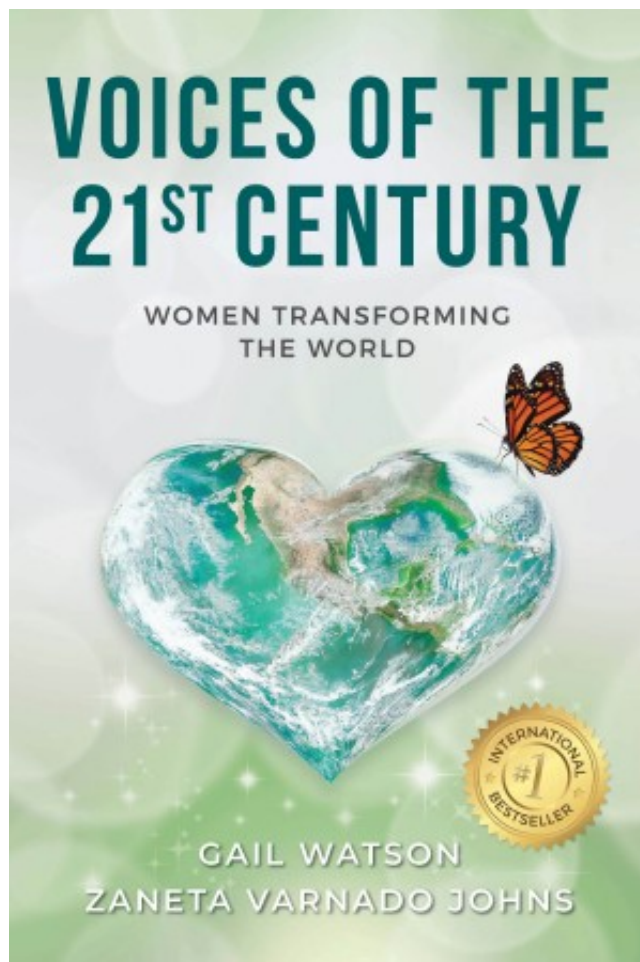
Westminster, Colorado Aug 8, 2023 ([IssueWire.com](https://www.issuewire.com)) - International bestselling poet and author Zaneta Varnado Johns released a unique journal that hit Amazon's top New Release list as #2 in the Biography Reference & Collections category. *What Matters Journal* is a weekly guide of intention and acknowledgment of what matters. Inspired by her Pushcart Prize-nominated poem, "What Matters," the journal is a tool for continuous reflection and mindfulness. Johns believes that every word shared is an opportunity to love. Johns says, "We are rich in unfailing love. How does it look when we consistently cultivate that love—for others and ourselves? Nothing else matters until we master the divine gift of knowing what matters." The journal is available at <https://amzn.to/43BrCzr>

Publisher Lisa Tomey-Zonneveld of Prolific Pulse Press LLC adds, "Crafted with a style all her own, Johns has created a journal that is designed for thoughtful introspection and outward expressions of self-care and care for others. The artwork by Pratibha Savani and Preeti Mistry adds to the meaning of this designer's dream. Kelli Jackson has also contributed to the design of this work of art. The outstanding cover photography by Shari Filsinger shows the intended warm invitation to enter into moments of personal expression."

In February 2023, Johns was featured among 45 global authors in the Women Speakers Association's #1 international bestseller *Voices of the 21st Century- Women Transforming the World* (WSA Publishing). In her chapter titled, "*DNA Match: Our Family Redefined*," Johns shares how an unexpected message on Ancestry.com evoked intense feelings of mystery, love, and joy. Johns wrote about the suspense and joy of meeting her brother, hoping it will help readers find the courage to pursue biological family connections and accept new family members who may ultimately find them. To order customized autographed copies of the *Voices of the 21st Century* book(s) and/or Johns' two poetry collections, *Poetic Forecast* and *After the Rainbow*, visit <https://www.zanexpressions.com/>

Johns was recently featured in Voyage Magazine's Bold Journey series:
<https://boldjourney.com/news/meet-zaneta-johns/#primary>

She is a retired human resources leader who spent her twenty-nine-year career at the University of Colorado. Johns was recognized in 2007 as one of CU-Boulder's Women Who Make a Difference. She resides in Westminster, Colorado.



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