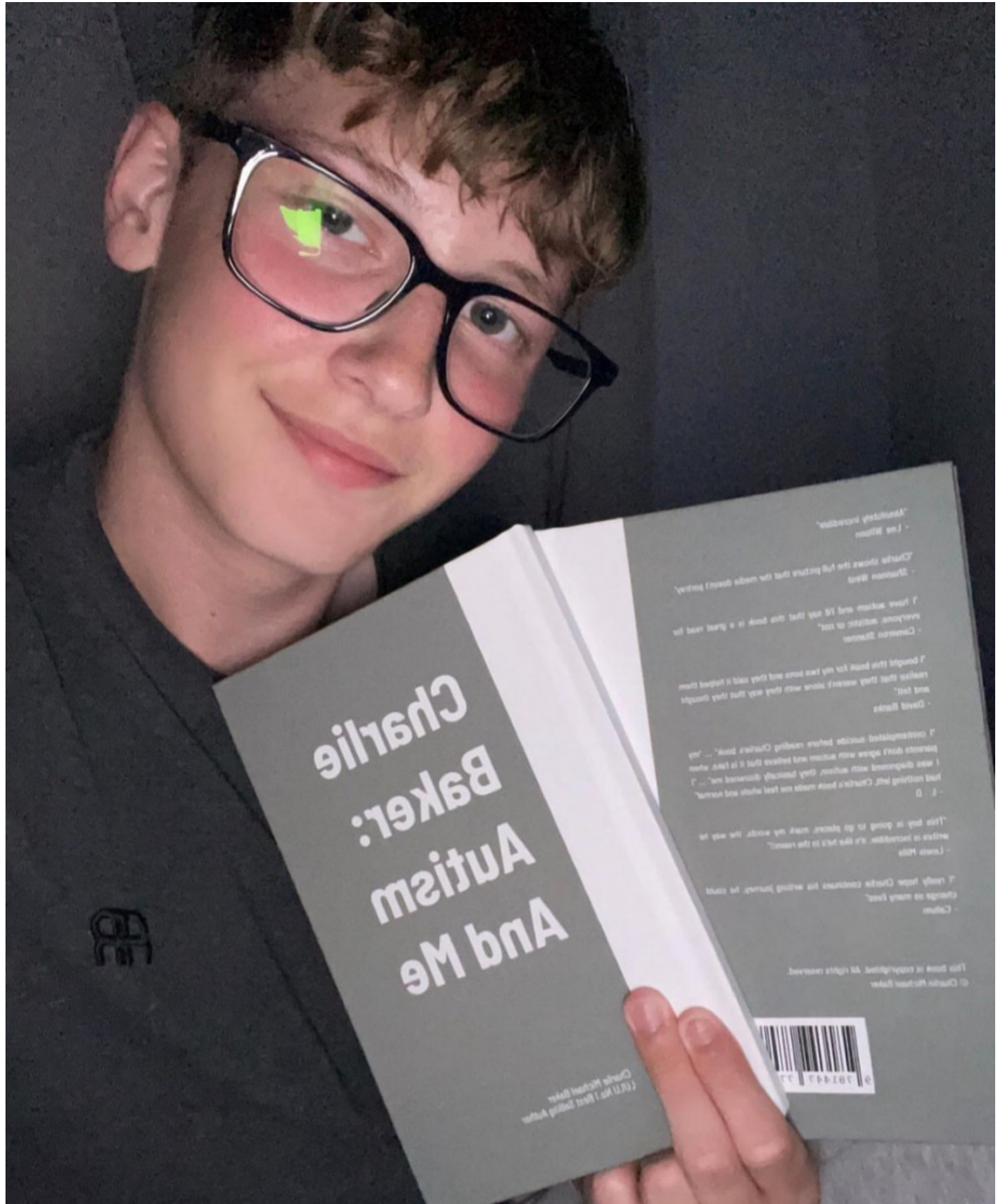


Author Charlie Michael Baker Shares Grueling Account With Bullying

Charlie Michael Baker, whose book has sold 50000 copies and seen him gain the attention of celebrities such as Charlotte Crosby, Christine McGuinness and ITV's Vanessa Feltz.



Leyland, Lancashire Aug 18, 2023 ([IssueWire.com](https://www.issuewire.com)) - Charlie Michael Baker, the author mostly known for writing *Charlie Baker: Autism And Me* has confirmed he was left suicidal after he was bullied so badly he was removed from class and placed in a 'fishbowl' room on his own instead - [MailOnline](#) reports.

Charlie Michael Baker, [whose book published earlier this year has already sold 50,000 copies](#) and has seen him gain the attention of celebrities such as [Charlotte Crosby](#), told how he was harassed constantly by peers due to being autistic.

Charlie, from Leyland, Lancashire, who has almost 600,000 followers on Instagram, described his school years before publishing his work as a 'dark time', and said he was constantly picked on due to being 'different'.

He developed an eating disorder as a result of how badly he was bullied and has criticised his schools for failing to take action to stop it.

He said: 'It was a really dark, dark, dark time for me. I didn't talk to anyone about it, not even my parents knew.'

'Writing in my book was a massive relief for me. I would be in tears at night writing in it.'

'It's definitely easier now that people know. I am glad that I did it. There were a few times I contemplated taking my own life. I never did, which I am very glad about.'

Charlie, who is due to get his GCSE results this month, told how he had 'always been different' but 'loves' it since his diagnosis with autism at age six.

But as he grew older school became increasingly difficult as fellow students ruthlessly bullied him.

Charlie said: 'I had a few friends but most of the time in school I was by myself.'

'I used to sit in the classroom with the teachers and eat my lunch. Sometimes I wouldn't eat at all.'

'I developed an eating disorder, I actually stopped eating.'

His experiences in secondary school were harrowing, and the extent of the bullying seriously disrupted his education, Charlie explains.

In Year 7, bullying by other students in his class became so bad that teachers decided to remove him from the classroom altogether and place him on his own in a room with glass walls - instead of tackling the problem.

He said: 'I was actually taken out of mainstream and put in a glass box due to the severity of bullying issues.'

'It was like a fishbowl with people walking past, it felt horrible. They put me in a massive room by myself, no teachers or nothing.'

'They were supposed to be giving me work but often they weren't.'

Charlie's school, Brompton Academy in Kent, has been contacted for comment about these allegations.

After this experience in 2018, Charlie was taken out of mainstream education and moved from Kent to Lancashire - but says he had a six-month gap in which he was not in school at all.

When he did restart at a different school, he says the bullying worsened, culminating in him being physically confronted and attacked by students, forced to flee around the school and even being assaulted in front of the school's safeguarding lead.

'The girl got a two-day exclusion. She actually messaged me and gloated she was going to be playing Xbox and [the exclusion] was doing her a favour.'

While studying for his GCSEs Charlie decided to turn his daily journal, in which he wrote about his experiences, into a book which reflected how he felt: 'I wrote the journal because I needed my own thoughts and feelings, I really struggled with sharing my thoughts with the people close to me.'

'I honestly expected to sell about five copies of the book to be honest, but we've currently sold about 50,000.'

Since self-publishing earlier this year, Charlie has received personal messages from members of Charlotte Crosby's family, as her mother thanked him for writing the book and said it reminded her of her son.

He added: 'I've had a few celebrity mentions and notices from then. I've had quite a few blue ticks in my DMs - Christine McGuinness, Letitia Crosby, and all of my friends, they've been so supportive, even my friends' parents.'

'I did it to raise awareness of autism. Most parents buy it for their kids, it's a way for parents to understand them.'

'The feedback has been positive overall online. I wasn't nervous to go back to school. It was a whirlwind of emotions but I was more frightened of what people were going to think and say as people are very opinionated.'

'It was quite a negative outreach that was given back to me [at school]. Nobody was really positive about it, it was only a few friends, but then I had people who didn't know when to stop.'

'They said their piece and then they didn't finish, I kept on reporting to teachers but they didn't do anything.'

'I had a few [students] reach out that were quite nasty to me and that did shock me quite a bit.'

'It's always easier to take the victim away. You can either punish one person or 20. They are not going to exclude 20 children. They can't do anything to the whole year.'

Since publication, Charlie has set up his own [blog](#) after being inspired by Kourtney Kardashian.

He gives all proceeds to charities around the world which support people with autism. He has so far

raised more than £200,000 and said he would only consider stopping when he has given away £1 million.

Charlie Michael Baker can be found on Instagram and on his [website](#)

MailOnline has contacted Brompton Academy for comment.

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Source : Charlie Michael Baker

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