

Sameer Sharma, MD, a Pain Management Specialist & Physiatrist w/ Northern California Spine & Rehabilitation Associates

Get to know Pain Management Specialist & Physiatrist Dr. Sameer Sharma, who serves patients in California.



New York City, New York Jul 25, 2023 ([Issuewire.com](https://www.issuewire.com)) - Dr. Sharma is recognized as a top specialist in the fields of pain management and physical medicine and rehabilitation (PM&R). He brings

his expertise and the latest treatment algorithms to complement the surgeons and rehab physicians at Northern California Spine & Rehabilitation Associates in Sacramento, California.

Northern California Spine & Rehabilitation Associates was established in 1994 by combining physical medicine and rehabilitation with spine surgery. The team consists of specialty board-certified physicians, fellowship-trained orthopedic spine surgeons, physiatrists, and physician assistants. They endeavor to be advocates for patients while providing a complete spectrum of treatments that include education, conservative rehabilitation, and minimally invasive procedures to the most complex of surgeries.

Providing a unique skill set and niche in managing pain while optimizing function, Dr. Sharma has expertise in a vast range of procedures. These include, but are not limited to: the use of neuromodulation (spinal cord and peripheral stimulation), spinal and joint injections, biologic/regenerative therapy, and other minimally invasive procedures to further relieve pain.

Through the use of safe and effective interventional procedures, along with targeted physical therapy and adjunct medication management, Dr. Sharma is able to employ a multimodal approach that is uniquely tailored to each individual. This has enabled many of his patients to return to their previous active lifestyles and avoid major surgery.

Previously, he was part of a successful private practice in Austin, Texas where he spent 5 years as a pain management physician. There, he was recognized as a top pain provider within the community.

On the subject of his educational background, Dr. Sharma graduated with his Bachelor of Arts degree in Psychology from Creighton University in 2004. He then went on to earn his medical degree from St. George's University School of Medicine.

Wanting to further his training, he completed his internship at Flushing Hospital Medical Center, and his residency in physical medicine and rehabilitation at North Shore University Hospital & Long Island Jewish Medical Center in 2013. A year later, in 2014, he performed his fellowship in interventional pain medicine at Temple University.

Priding himself on being up to date with the latest advancements in his field, Dr. Sharma is board-certified in pain medicine & physical medicine, and rehabilitation by the American Board of Physical Medicine and Rehabilitation (ABPMR). The mission of the ABPMR is to serve the public by improving the quality of patient care in physical medicine and rehabilitation. This is accomplished through a process of certification and maintenance of certification that fosters excellence and encourages continuous learning.

In direct affiliation with his industry, Dr. Sharma is an active member of the American Society of Interventional Pain Physicians, the International Spine Intervention Society, the North American Spine Society, and the American Academy of Physical Medicine and Rehabilitation.

Pain management is a branch of medicine employing an interdisciplinary approach to easing the suffering and improving the quality of life of those living with chronic pain. A pain management specialist is a doctor who specializes in pain medicine, focusing on the evaluation, treatment, and prevention of pain.

Physical medicine and rehabilitation, also known as physiatry, is a branch of medicine that aims to enhance and restore functional ability and quality of life to people with physical impairments or

disabilities. Physical Medicine and Rehabilitation physicians, also known as physiatrists, treat a wide variety of medical conditions affecting the brain, spinal cord, nerves, bones, joints, ligaments, muscles, and tendons.

In his spare time, Dr. Sharma enjoys actively playing and watching sports, as he is an ardent Bay Area sports fan. In addition, he enjoys cooking, traveling, and spending time with his family.

Learn More about Dr. Sameer Sharma:

Through his findatopdoc profile, <https://www.findatopdoc.com/doctor/2461523-Sameer-Sharma-Physiatrist-Physical-Medicine> or through Northern California Spine & Rehabilitation Associates, <http://ncsramedical.com/service/sameer-sharma-m-d/> Personal website, <https://www.painreliefdrsharma.com/>

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