

Paul Savage, MD, FACEP, FAARM, Founder of MDLifespan Longevity Expert

Get to know General Physician Dr. Paul Savage, providing longevity services to his patients in Illinois.



New York City, New York Jul 18, 2023 ([Issuewire.com](https://www.issuewire.com)) - Dr. Savage is a seasoned physician whose personal health journey led him to embrace an evidence-based approach to longevity medicine.

At the age of 37, as a successful ER/trauma physician, he found himself challenged with numerous

health issues. He was overweight, smoked cigarettes, was constantly exhausted and anxious, and had high stress, high cholesterol, high blood pressure, and was pre-diabetic. Knowing there was a better way than taking multiple medications, he embarked on a journey to find a better solution for his health.

In the late 1990s, decades before it was fashionable, and driven by his innate curiosity, brilliance and determination, Dr. Savage delved into extensive research on health and longevity. He left no stone unturned, investigating lifestyle changes, nutrition, supplements, hormones, IV therapy, and stem cell therapy. Ultimately, his exploration led him to embrace longevity medicine—an approach that considers the patient as a partner, focuses on the whole person, and utilizes a wide range of scientific disciplines to achieve optimum health and promote longevity.

Today, at the age of 60, he stands as a shining example of the power of longevity medicine. He has successfully improved his health, becoming strong, vibrant, and passionate about his life's work. Applying all he learned, he partners with his patients to achieve and maintain top physical and mental condition. He remains committed to expanding his knowledge base, staying abreast of the latest medical research and technologies, and integrating them into his practice.

The most recent ground-breaking procedure added to Dr. Savage repertoire is Therapeutic Plasma Exchange, which has proven to reverse the biomarkers of aging. You can read more about this game-changing procedure on the website www.MDLifespan.com.

MDLifespan is a practice dedicated to delivering measurable transformations to a patients' health through early detection, prevention, and early intervention. Dr. Savage and his team prioritize listening to and educating their patients to develop personalized paths toward living their best authentic lives.

Before starting his professional career, he received his Bachelor of Science in Mathematics from Michigan State University. He graduated with his medical degree from the University of Michigan Medical School. Following that, he completed his residency in emergency medicine at Detroit Medical Center/Grace & Mount Carmel Hospital in Detroit, Michigan.

Dr. Savage is dedicated to clinical excellence, patient health and patient safety.

He is an active member of the American Academy of Anti-Aging Medicine for over 25 years, making him one of the oldest yet active members of the Academy.

He is a Fellow of the American College of Emergency Physicians (FACEP) and a Fellow of the American Academy of Regenerative Medicine (FAARM).

To further his expertise, Dr. Savage has completed fellowships in both Stem Cell Therapy and Metabolic Medicine at the University of Southern Florida and George Washington University.

Recognized as a leader in the field of Longevity, Dr. Savage is the Founder and former Chief Medical Officer of Forum Health, as well as the Founder and former Chief Medical Officer of BodyLogicMD. He previously served as the Director of Emergency Medical Services at Cornerstone Medical Center in Southern Illinois.

Dr. Savage is a featured speaker on shows such as The Doctors, WGN News, and in journals such as Business Week, Newsweek, Women's World, and is featured in Suzanne Somers's books on Bioidentical Hormones.

On a more personal note, Dr. Savage dedicates himself to his patients while he treats himself to a vacation to his favorite place: Rio de Janeiro, Brazil.

Learn More about Dr. Paul Savage:

Through his findatopdoc profile, <https://www.findatopdoc.com/doctor/85019141-Paul-Savage-General-Practitioner> or through MDLifespan, <https://mdlifespan.com/providers/paul-savage-md/>

About FindaTopDoc.com

FindaTopDoc is a digital health information company that helps connect patients with local physicians and specialists who accept your insurance. Our goal is to help guide you on your journey towards optimal health by providing you with the know-how to make informed decisions for you and your family.

Media Contact

Your Health Contact

clientservice@yourhealthcontact.com

Source : Paul Savage, MD, FACEP, FAARM

[See on IssueWire](#)