

My30minutes, the Leading EMS Fitness Brand, Expands to UAE with the Grand Opening of its 4th Branch in JVC, Dubai



Dubai, United Arab Emirates Jul 31, 2023 ([Issuewire.com](https://www.issuewire.com)) - My30minutes, a renowned personal EMS fitness brand hailing from Germany, is all set to mark its presence in the vibrant city of Dubai with the opening of its 4th branch in JVC (Jumeirah Village Circle). Boasting a track record of excellence and innovation, My30minutes has been awarded the title of "Best EMS Gym in UAE" and has gained a well-deserved reputation as a prominent fitness franchisee.

EMS (Electro Muscle Stimulation) has revolutionized the fitness industry, and My30minutes has been at the forefront of this transformation. Their premium facilities and personalized approach have garnered immense popularity among fitness enthusiasts seeking effective and time-efficient ways to get in shape.

"We are thrilled to be spreading My30minutes across Dubai, and it's an exciting milestone for us to open our 4th branch here in JVC," said Mehdi Ayari, CEO of My30minutes. "The UAE fitness market has shown immense potential, and we are confident that our unique EMS training will be a game-changer for anyone looking to achieve their fitness goals rapidly and efficiently."

My30minutes has gained international acclaim for its top-of-the-line EMS workout programs that cater to individuals of all fitness levels. By utilizing electric impulses to stimulate muscles, the brand's 30-minute

sessions promise maximum results in minimal time, making it the go-to choice for busy professionals and fitness enthusiasts alike.

The grand opening of the My30minutes branch in JVC, Dubai, is expected to attract fitness enthusiasts eager to experience the acclaimed EMS training firsthand. As the brand continues to expand its footprint globally, it remains dedicated to providing unparalleled fitness solutions and supporting individuals in their journey toward a healthier and more active lifestyle.

For those seeking a swift transformation and a path to optimal fitness, My30minutes stands as a beacon of excellence in the ever-evolving fitness landscape.

Their Dubai branches are located in Boxpark, Business Bay, Ajman (Ladies Only)

For further information about My30minutes and their offerings, please visit their website at www.my30minutes.com.

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