

Marcus A. Kampfe, DC, a Chiropractor with Wellness Health and Sports Performance

Get to know Chiropractor Dr. Marcus A. Kampfe, who serves patients in Florida.



New York City, New York Jul 19, 2023 ([IssueWire.com](https://www.issuewire.com)) - Recognized as a well-known chiropractor, Dr. Kampfe has a deep-rooted passion for chiropractic medicine that began at a young age. Born in Portland, Oregon, his journey toward becoming a chiropractor started when his family chiropractor recognized his exceptional eye-hand coordination and encouraged him to pursue this field. This early guidance set him on a path to fulfill his dream.

At Wellness Health and Sports Performance, he utilizes various techniques tailored to each individual's unique needs. These techniques include Cognitive Manipulative Reflex Technique (CMRT), Graston, Kinesio Tape, and Applied Kinesiology. By attentively listening to his patients' concerns and asking relevant questions, he designs personalized care plans that cater to their specific requirements. He also endeavors to educate his patients about their bodies, encouraging them to listen to their own physical cues and providing them with valuable information that can enhance their overall well-being.

In regards to his educational background, Dr. Kampfe obtained his Bachelor of Science degree in Biology before earning his Doctor of Chiropractic degree from Life University in Atlanta, Georgia. During his studies, he developed a keen interest in sports and Family Wellness, which shaped his approach to chiropractic care. His thirst for knowledge and dedication to his patients' well-being has led him to enroll in the Doctorate of Nutrition Program at the University of Miami medical school. Additionally, he is actively pursuing becoming a diplomate of neurology through the esteemed Carrick Institute

An authority in his field, the doctor is a board-certified chiropractor at both the state and national levels. With many certifications under his belt, he is well-versed in various chiropractic techniques. He is a Certified Chiropractic Extremity Practitioner (CCEP), trained in Functional and Kinetic Therapeutic Rehabilitation (FAKTR), Professional Sports Care (PSC), Performance Enhancement Specialist (PES), Corrective Exercise Specialist (CES), and Golf Fitness Specialist (GFS).

Beyond chiropractic medicine, he is licensed to perform Dynamic Functional Movement patterns. This specialized approach aims to establish a strong connection between the brain and muscles, enabling individuals to respond appropriately to their desired activities.

Continuously advancing his efforts, Dr. Kampfe is an active member of the Florida Chiropractic Association. Since 2010, he has been an integral part of the Sports Medicine Team at the University of North Florida.

Chiropractic is a form of alternative medicine that mainly deals with the diagnosis and treatment of mechanical disorders of the musculoskeletal system, especially the spine. A chiropractor uses spinal adjustments, manipulation, and other techniques to manage patients' health concerns, including neck pain, back pain, headaches, vertigo, and a long list of other ailments and conditions. They aim to improve patients' functionality and quality of life by properly aligning the body's musculoskeletal structure and enabling the body to heal itself naturally, without the use of medication or surgery.

Learn More about Dr. Marcus A. Kampfe:

Through his findatopdoc profile, <https://www.findatopdoc.com/doctor/1591352-Marcus-Kampfe-chiropractor-Jacksonville-Beach-FL-32250>, or through Wellness Health and Sports Performance, <https://www.wsphealth.com/dr-marcus-kampfe>

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