

Leigh Anne Costanzo, DO, a Family Physician with ArchWell Health

Get to know Family Physician Dr. Leigh Anne Constanzo, who serves patients in Mesa, Arizona.



New York City, New York Jul 17, 2023 ([IssueWire.com](https://www.issuewire.com)) - A devoted family physician, Dr. Costanzo is affiliated with ArchWell Health in Mesa, Arizona. She is skilled in dementia screening, utilizing cognitive testing to identify and address potential cognitive decline in her patients. Advanced care planning is another area in which she excels, assisting patients in making informed decisions about their future healthcare preferences. Additionally, she is well-versed in managing conditions such as COPD/Emphysema, osteoporosis, kidney disease, digestive issues, hypertension/heart conditions, and diabetes.

One aspect that sets her apart is her unwavering commitment to finding innovative solutions that allow seniors to maintain their happiness, health, and independence as they navigate the challenges of aging. She firmly believes in ArchWell's patient/provider relationship approach, which emphasizes personalized care tailored to each individual's unique needs.

Educated in the United States, Dr. Costanzo embarked on her medical journey later in life, juggling the responsibilities of raising her two sons while working as an RN. Her passion for healthcare and her desire to make a difference motivated her to pursue a medical degree at A.T. Still University in Arizona. There, she honed her knowledge and skills, graduating from the esteemed School of Osteopathic Medicine.

Subsequently, she completed her residency at the Wright Center for Graduate Medical Education, and attained board certification through the American Osteopathic Board of Family Physicians, a testament to her proficiency in family medicine and her commitment to delivering exceptional healthcare.

Family medicine is a medical specialty devoted to comprehensive health care for people of all ages. The specialist is called a family physician or family doctor. A family physician is often the first person a patient sees when seeking healthcare services. They examine and treat patients with a wide range of conditions and refer those with serious ailments to a specialist or appropriate facility.

In addition to her dedication to her patients, Dr. Costanzo finds joy and fulfillment in various hobbies outside of her medical practice. She is an avid piano player, finding solace and inspiration in the melodies she creates. Needlepoint is another passion of hers, allowing her to express her creativity and create beautiful works of art. Above all, she cherishes spending quality time with her family, finding comfort and happiness in their presence.

Learn More about Dr. Leigh Anne Costanzo:

Through her findatopdoc profile, <https://www.findatopdoc.com/doctor/83910676-Leigh-Costanzo-Family-Practitioner> or through ArchWell Health, <https://archwellhealth.com/doctor/dr-leigh-costanzo>

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