

Healing Through Emotional Trauma Global Tour

Virtual Event - August 10, 2023. The Cognitive Institute of Dallas in collaboration with WHFF [With Healthy Families First] Broadcast & Media and hosted on WHFF's platform. Also Dr. Rachel Leah will present awards to those "doing the most good".



Dallas, Texas Jul 11, 2023 ([IssueWire.com](https://www.IssueWire.com)) - August 10, 2023, is a virtual event. With Healthy Families First Broadcast & Media and The [Cognitive Institute of Dallas](#) in partnership. This is the first global event that will host three countries of collaboration and attendance all on one platform presented by WHFF. Announcements will proceed with Dr. Rachel Leah recognizes speakers and philanthropists

who excel in "doing the most good" in many categories of communities helping patrons, social services and parent and child relations.

During this upcoming conference and what has been one of the more successful podcast releases with WHFF.Radio and WHFF.Tv is "Letting Go and Forgiving Others." Dr. Rachel Leah helps listeners find inner compassion for themselves and resolve to make peace with the past. In her most recent Apple.tv interview; one particular technique in dealing with this is reconditioning thoughts without focusing on acute and recurring chronic trauma.) The subject matter in this conference walks through step-by-step techniques in recovering from his and her own trauma. In sequence, the listener -and other times client- can now deal with physical and emotional pain. In essence, "Letting Go and Forgiving Others" is imperative when healing with trauma and in order to forgive you need to allow change to take place in your life.

Every day, the Cognitive Institute of Dallas gets hundreds of emails from all kinds of sources and time is of the essence. They have only a few seconds to look through each. And for their upcoming conference, the goals are simple, but habits must be built for emotional security:

- 1) Acknowledged feelings are a natural human response to what happens in life. They are a signal of what brings joy and where you are hurting.
- 2) Whenever you experience loss, you move through the stages of grief whether you want to or not.
- 3) Your job: and no one else's is taking care of your long-term health.
- 4) Thoughts produce feelings and so much more...

You can get tickets from the Cognitive Institute of Dallas's homepage. The event will find similar podcast episodes hosted by Dr. Rachel Leah that analyze replayed case studies, real life events and traumatic thoughts during cognitive processing. If you cannot afford to attend or do not have the time; the easiest thing they can think of is to complete the [6-week modules](#) at your own pace. But again; don't miss the virtual event for dealing with trauma hosted by Dr. "Rachel Leah" Levitch.

Conference goers worldwide are presented with Dr. Rachel Leah's new e-book "Parenting and Technology: A Secret World Your Children Won't Tell You". As access to her online platform and one-on-one consultation sessions. Tune in to Dr. Rachel Leah's Spotify podcast homepage; WHFF.Radio, to find out more and submit topics of open discussion through the message chat box. Registration is now open with an early bird and can be [purchased](#) here. Now's the time to book your seat for the event featuring and hosted by award-winning author of the year, Dr Rachel Levitch.

This year's overwhelming response prompted all of us at PR Productions to host a very special party and you are all invited.

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