

Candace Westgate, DO, MPH, FACOG, an Obstetrician-Gynecologist with Adventist Health St. Helena CA

Get to know Obstetrician-Gynecologist Dr. Candace Westgate, who serves patients in St. Helena, California.



New York City, New York Jul 12, 2023 ([Issuewire.com](https://www.issuewire.com)) - A board-certified obstetrician-gynecologist, Dr. Westgate is the Chief of Staff at Adventist Health St. Helena. She is also the Founder and Medical Director of the Adventist Health Early All-Around Detection (AHEAD) Program.

“Cancer risk assessment and preventative health is my personal mission and the core of my philosophy of practice. I believe in partnering with and empowering patients on their journey to find health, treating the whole patient, and not just focusing on the disease process. As the Founder and Director of the AHEAD programs at Adventist Health, a population health cancer risk assessment and prevention program, I lead a multi-disciplinary team focused on the management of familial and hereditary cancer risk for patients and their families. I help my patients and their families stay ahead of Cancer while living younger and longer!”

Her scope of practice includes traditional gynecology care, and surgical intervention, including major and minor gynecological procedures, with an emphasis on all procedures using minimally invasive techniques and vaginal natural transillumination surgery(vNOTES). She performs personalized precision cancer risk assessment, genetic counseling, and testing.

Academically, Dr. Westgate graduated with her Doctor of Osteopathic Medicine degree from A.T. Still University College of Osteopathic Medicine. She then went on to perform her residency in obstetrics and gynecology at Georgetown University in Washington, D.C., serving as chief resident in her final year. She also holds a Master’s Degree in Public Health from Tulane University, where her focus was on program management and maternal and child health.

Subsequent to her training, she attained board certification in obstetrics and gynecology through the American Board of Obstetrics and Gynecology (ABOG). Maintaining fellowship status, Dr. Westgate is a Fellow of the American College of Obstetricians and Gynecologists (ACOG). She has additional certifications in Advanced Laparoscopy, Menopausal Management, and Cancer Genetics, including ACOG’s Women’s Genomics Counseling Course and the City Of Hope Intensive Course in Hereditary Cancer Risk Assessment.

Obstetrics and gynecology (OB-GYN) is the medical specialty that encompasses the two subspecialties of obstetrics (covering pregnancy, childbirth, and the postpartum period) and gynecology (covering the health of the female reproductive system – vagina, uterus, ovaries, and breasts). Obstetricians and gynecologists are medical professionals who specialize in treating the uterus and associated anatomy.

Learn More about Dr. Candace Westgate:

Through her findatopdoc profile,

<https://www.findatopdoc.com/doctor/1324841-Candace-Westgate-OB-GYN-Obstetrician-Gynecologist>

or through Adventist Health,

<https://doctors.adventisthealth.org/provider/Candace+Theal+Westgate/1341892>

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Source : Candace Westgate, DO, MPH, FACOG

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