

“Turning the Pages” by Alla Kaluzhny will be exhibited at the upcoming 2023 Beijing International Book Fair

The book will be exhibited at the 29th Beijing International Book Fair (BIBF) from June 15 - 18, 2023.

ALLA KALUZHNY

Turning The PAGES



How exploring my past lives led
me on the journey of healing
memories, and what I learned
while traveling back in time

'Turning the Pages: How Exploring My Past Lives Led Me on the Journey of Healing Memories and What I Learned While Traveling Back in Time,' which explores her experience with past life memories and flashbacks. In this award-winning book, the author focuses on the widely talked about subject of reincarnation. The author's account of personal experiences keeps the reader engaged till the very end.

"I hope this book will become a starting point for your personal journey and an exploration into your prior lives and inspire and lead to your spiritual growth and expansion."

Alla captivates her reader by sharing her journey with past life experiences and how they helped heal her. Her direct experience in reincarnation conveys a rather important message that the physical body is just the vehicle carrying a soul. "I truly believe that my soul has gone through many journeys – a lifetime of trials, crucibles, ordeals, and everything in between," Alla added.

Published by Balboa Press in October 2021, the book will now be seen at the upcoming 2023 Beijing International Book Fair, the most influential book exhibition platform in China and the most international book fair in Asia.

The book has received an overwhelming response from her readers, who describe her work as descriptive, engaging, and fascinating. The author beautifully drives home the message that we never indeed dies; we move from one life to another.

The book is available for purchase on [Amazon](#), [Barnes&Noble](#), and [Balboa Press](#)

THE BOOK

DESCRIPTION

Suppose you ever wondered about past lives and lessons hidden in the memories of them, this book may help you to answer those questions while traveling back in time. This book is about personal experiences, memories and flashbacks of past existences that prompted the author to embrace the belief in reincarnation and conviction that we have more than one life to live. The quest for spiritual evolution and desire to heal led to many discoveries and uncovering the connection between then and now.

This book is about my past lives, my convictions, and my belief in reincarnation. It's a story of my soul's many journeys woven together and lived in different bodies, different historical times, and different countries. Uncovering and then writing about these lives brought together my spiritual quest, the deeply held belief that we have more than one life to live, my ongoing desire to heal physical challenges, and my firm intention to become healthy. Each story in this book is about a different incarnation and connection I found between then and now.

Discovering my past lives turned out to be educational, inspirational, uplifting, and even life-affirming for me. It confirmed that it's more to us than just the physical body and sparked my curiosity to educate myself about reincarnation. It inspired and encouraged me to know myself better and search for many ways to become my own healer.

This book, among other selected titles will be showcased in the upcoming American Library Association Annual Conference & Exhibition 2022.

THE BOOK

Through reading and understanding the book, one could expect to gain a better insight into their own past lives. This is a result of the author sharing her own personal experiences and her own outlook of her past lives. One can expect a similar awakening and gain a new sense of confidence in their current life and circumstances through triggered memories of the past.

Although the book is about life, death, and dying, it instilled faith and hope that the soul is timeless and will continue its journey. This writing experience empowered and expanded my awareness and gave me a new sense of confidence in my skills and a newly founded gratitude for my life-long education in spiritual psychology.

"We are not human beings having spiritual experiences, we are spiritual beings having human experiences."

- Pierre Teilhard de Chardin.

THE BOOK

Uncover The Pages...

I hope this book will become a starting point for your personal journey and an exploration into your prior lives and inspire and lead to your spiritual growth and expansion. By the time you finish reading this book, the following shifts may occur:

- You start questioning whether you might have had past lives and have been on this planet before.
- You may start seeing your relationships with family, friends, co-workers in a different way and wondering if you met them or knew them from another time.
- Your interest in past lives may cause you to become more observant, mindful, aware, and awake.
- You may start entertaining the idea that you are not a human being having a spiritual experience, but you are a spiritual being having a human experience.
- You notice that reading about past lives may have a healing effect on you and help you release some old memories and emotions.

The possibilities of how reading this book can influence and expand your consciousness are endless and will depend only on how much you want to learn about yourself and how far your curiosity will take you.

I believe that when you read this book, your imagination, your insight, and your creativity will soar, and I wish for you to experience this book in your own unique ways.

THE AUTHOR

Alla Kaluzhny, MA MFT, MA in Spiritual Psychology and Consciousness, Health and Healing, writes first book about her past lives, reincarnation and her Soul's many journeys through lifetimes of trials, crucibles, ordeals and everything in between. Each life has its own story, and woven together, they create a compelling tale.

Her journey on this path of her spiritual development commenced when she began to search for a relief from a severe back pain. Neither medical doctors nor healers could help her cure the pain, and she continued searching for answers.

Every contact with medical professionals she had and every step she made to help her relieve the pain, opened her to new experiences, awareness's, and the possibility that the reasons for her challenges might not be originated on the physical but rather the spiritual level.

That search led to the University of Santa Monica (USM), to the Masters Program in Spiritual Psychology with Emphasis on Consciousness, Health and Healing (CHHH).

It was through becoming a student of spiritual psychology and then becoming a volunteer at USM and staying with the volunteer program for about 15 years helped Alla heal her memories and heal herself from within, which ultimately improved her physical condition and greatly diminished the pain.

From the very moment the idea of past lives entered the author's consciousness, she had no doubt in her mind that it was true. Once she began to dive deeper into it's meanings and unfold certain truths, she found explanations to many of her own unanswered questions.

Through this healing process, Alla made the decision to write her book as a means to better explore each of her lifetimes that appears as fleeting, painful and tragic memories disguised as difficult circumstances over the span of her life. Her curiosity drove the force behind her book as she continued to learn more about her soul's journey.

Media Contact

Parchment Global Publishing

rolandbarbosa@parchmentglobalpublishing.com

1-888-266-0922

244 Fifth Avenue, Suite V278, New York, N.Y. 10001

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