

Philip Trigiani, D.Ac, L.Ac, an Acupuncturist with Physical Medicine Acupuncture

Get to know Acupuncturist Dr. Philip Trigiani, who serves patients in New York, New York.



New York City, New York Jun 5, 2023 ([Issuewire.com](https://www.issuewire.com)) - Dr. Trigiani, or Dr. Phil as he is known, is the master orthopedic acupuncturist behind Physical Medicine Acupuncture. He is the pain management and soft tissue expert who serves busy New Yorkers whether resident, visitor or professional from his warm and inviting practice on the Upper West Side, aided by his caring and expert team.

His alternative and complementary system of body-mind integration offers relief, self-discovery, self-correction, and self-healing that work every time. Dr. Phil is constantly innovating in serving the health and wellness needs of the community, his team of expert massage therapists, acupuncturists, and chiropractors now being augmented with his new trusted partner network which extends his health and wellness therapies into yoga, fitness training, nutrition counseling, and more.

Academically, Dr. Phil holds a Bachelor's degree from the New York College of Health Professions for Physical Rehabilitation and Pain Management. He also maintains a Clinical Master's degree and a Doctor of Acupuncture degree from the Pacific College of Oriental Medicine, specializing in orthopedic disorders, joint disease, and spinal cord injuries.

Having been in inpatient practice since 1992, some of the conditions that Dr. Phil treats include allergies, addiction, chronic fatigue, digestive disorders, infertility, injuries, mental health, pain management, weight loss, common childhood conditions, as well as orthopedic services.

Acupuncture is a form of holistic medicine and a key component of Traditional Chinese Medicine. It is a technique in which thin needles are inserted into the body and in some cases, electro-stimulation is applied to gently stimulate particular regions of the body. Acupuncture is also used to maintain general health and well-being. Acupuncturists treat a variety of health concerns including women's health & fertility, autoimmune disorders, digestive disorders, joint & muscle pain, insomnia, and emotional concerns such as stress management, anxiety & depression.

A leader in his field, Dr. Phil has been named 2021 Best Acupuncturist in New York City by Expertise.com.

Learn More about Dr. Philip Trigiani:

Through his findatopdoc profile, <https://www.findatopdoc.com/doctor/1251446-Philip-Trigiani-Acupuncturist> or through Physical Medicine Acupuncture, <https://acupuncturein.nyc/meet-the-team/>

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