

Jay H. Schwartz, DC, DIBCN, DIBE, a Chiropractor with SunCoast SpineCare Chiropractic Neurology

Get to know Chiropractor Dr. Jay H. Schwartz, who serves patients in Bradenton, Florida.



New York City, New York Jun 23, 2023 ([Issuewire.com](https://www.issuewire.com)) - An esteemed chiropractor with over 32 years of experience in the field, Dr. Schwartz works with patients at SunCoast SpineCare Chiropractic Neurology, located in Bradenton, Florida.

With a broad educational background, he received his Bachelor of Science degree in Biology from

Brooklyn College, and graduated with his Doctor of Chiropractic degree from the New York Chiropractic College.

Throughout his career, Dr. Schwartz has dedicated himself to staying up-to-date with the latest procedures and techniques, allowing him to achieve excellent results with various conditions, particularly herniated, bulging, and degenerated discs in the neck and lower back. One of his notable certifications is in Cox Cervical and Lumbar Distraction, specialized chiropractic procedures that involve the use of specific equipment to address neck and arm pain, as well as lower back and leg pain caused by disc and joint problems.

In addition to his expertise in Cox Distraction, he offers VAX-D treatment, a procedure developed by Dr. Allan Dyer, which has gained recognition in the United States and Canada. VAX-D boasts a documented success rate of 71% for treating herniated, bulging, and degenerated discs in the lower back. Notably, he received personal training from Dr. Dyer, making him one of the most experienced VAX-D providers in the country.

With the incorporation of VAX-D into his practice, Dr. Schwartz offers a comprehensive approach to a wide range of spinal problems. Furthermore, he distinguishes himself as one of the few chiropractors nationwide who is board-certified in electrodiagnosis. This certification enables him to conduct electromyography and nerve conduction studies, typically performed by neurologists, to assess the integrity of the spinal and peripheral nerves. By offering these tests in-house, he simplifies the process for his patients, sparing them the need for external referrals and reducing any associated anxiety.

Passionate about education and community engagement, he recently assumed a position as an Adjunct Professor teaching Anatomy and Physiology at the State College of Florida. In his teaching, he incorporates the promotion of healthy lifestyles, aiming to positively influence young adults as they transition into adulthood. He hopes that these concepts will be passed on to future generations.

While chronic spinal problems represent a significant focus of his practice, Dr. Schwartz actively engages in health and prevention initiatives. He regularly conducts workshops on various health-related topics, emphasizing the importance of proactive measures as we age. His philosophy revolves around optimizing bodily function to its fullest potential. He educates his patients on living longer and healthier lives through daily exercise, proper nutrition, a fully functional nervous system, mental reprogramming, and minimizing exposure to harmful chemicals in our immediate environment.

To promote patient education and awareness, he intentionally fills his office with health-related books, magazines, and his own newsletters. Rather than offering mainstream publications like *People* or *Good Housekeeping*, he provides resources that focus on health information, the latest research, and pertinent issues related to patients' well-being.

Driven by the adage, "give a man a fish, he has food for a day; teach him to fish, he has food for a lifetime," Dr. Schwartz empowers his patients with the knowledge and tools they need for long-term health.

Chiropractic is a form of alternative medicine that mainly deals with the diagnosis and treatment of mechanical disorders of the musculoskeletal system, especially the spine. A chiropractor uses spinal adjustments, manipulation, and other techniques to manage patients' health concerns, including neck pain, back pain, headaches, vertigo and a long list of other ailments and conditions. They aim to improve patients' functionality and quality of life by properly aligning the body's musculoskeletal structure and enabling the body to heal itself naturally, without the use of medication or surgery.

Learn More about Dr. Jay H. Schwartz:

Through his findatopdoc profile, <https://www.findatopdoc.com/doctor/2579812-Jay-Schwartz-Chiropractor> or through SunCoast SpineCare Chiropractic Neurology, <https://www.suncoastspinecare.com/about-us>

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