

Constantino Mendieta, MD, a Plastic Surgeon with 4 Beauty Aesthetic Institute for Plastic Surgery

Get to know Plastic Surgeon Dr. Constantino Mendieta, who serves patients in Miami, Florida.



New York City, New York Jun 8, 2023 ([Issuewire.com](https://www.issuewire.com)) - World-renowned plastic & reconstructive surgeon, Dr. Mendieta is the Founder & Medical Director of 4 Beauty Aesthetic Institute for Plastic Surgery in Miami, Florida.

Through his global travels and training, he has attained world-class skills in facial surgery, breast surgery, and body sculpting. Moreover, he is well-versed in all aspects of aesthetic and reconstructive surgery, specializing in Brazilian butt lift, butt implants, and Miami thong lift procedures.

His emphasis on patient care and meticulous attention to detail have earned him the trust and respect of his patients and colleagues. Dr. Mendieta treats each patient he sees with versatility, open-mindedness, and creativity, combined with an experienced and keen eye for detail. As a result, he has developed both a national as well as an international following.

Born in Los Angeles, California, Dr. Mendieta moved, at a young age, to his parent's homeland – Nicaragua. His first exposure to the art and science of plastic surgery was provided here while observing his uncle, a plastic surgeon, reconstruct the disfigured faces of war victims. Marvelled by his uncles' skills and ability to restore near-normal appearance, Dr. Mendieta returned to the United States where he completed his secondary education. All the while, focusing on one day emulating the work and accomplishments of the man he admired.

A 1989 graduate of the Creighton University, School of Medicine, Dr. Mendieta went on to perform his internship and a rigorous residency program in general surgery at Maricopa Medical Center in Phoenix, Arizona.

Subsequently, he continued his plastic surgery training at the University of Miami, obtaining specialties in both general surgery and plastic surgery.

Having completed his institutional education regimen, Dr. Mendieta was recognized early on for his vast knowledge and skills. Possessing such attributes, he received the distinct privilege and opportunity of enhancing his training under world-renowned leaders in the plastic surgery field.

His training experiences took him to Brazil, Scotland, and England where he completed a fellowship at the Royal College of Surgeons. Afterward, he returned to California where he studied under one of the world's most accomplished facelift surgeons as well as worked with several internationally-respected figures.

After finishing a facelift surgery fellowship, Dr. Mendieta went to Atlanta, Georgia where he completed fellowships in aesthetic and reconstructive surgery of the breasts; as well as various facial surgery techniques focusing on rejuvenation of the eye area.

One of Dr. Mendieta's crowning achievements was his selection and commensurate completion of an aesthetic surgery fellowship at Harvard University in Boston, Massachusetts. Acceptance to this fellowship is highly competitive and very exclusive.

Adding to his international training background, Dr. Mendieta then traveled to Paris, France to complete advanced training under world-famous breast surgeon Dr. Louis Benneli.

The techniques he learned from Dr. Benneli focus on scar minimization and breast lift/reduction techniques. Dr. Mendieta also spent time in Brazil training under Dr. Sampaio Goes for similar surgical techniques. These training modalities and achievements are formally recognized through Dr. Mendieta's status as a Fellow of the American College of Surgeons.

In September of 2000, he achieved the exclusive distinction of becoming board-certified by the American Board of Plastic Surgery. This platinum standard assures that Dr. Mendieta maintains the highest levels of education, examination, and certification as a plastic surgeon.

On a professional level, he is an active member of the American Society of Plastic Surgeons and the American Society for Aesthetic Plastic Surgery.

Plastic surgery is a surgical specialty involving the restoration, reconstruction, or alteration of the human body. It can be divided into two main categories - reconstructive surgery and cosmetic surgery. A plastic surgeon's primary responsibility is performing surgical and non-surgical procedures, and they use a variety of reparative and reconstructive techniques to get the job done.

As a renowned expert on the evolution and techniques of body reshaping, Dr. Mendieta is a frequent lecturer in various professional society meetings. He has also been featured on numerous domestic and international television programs such as Bravo's reality TV show "Miami Slice."

Concomitantly, in 2005, Dr. Mendieta was named by the Research Council as one of the top surgeons in the United States.

Learn More about Dr. Constantino Mendieta:

Through his findatopdoc profile, <https://www.findatopdoc.com/doctor/1023733-Constantino-Mendieta-Plastic-Surgeon>, or through 4 Beauty Aesthetic Institute for Plastic Surgery, <https://www.butttsbymendieta.com/about/>

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