

Andria Klioze, MD, an Internist with Shield of Life

Get to know Internist Dr. Andria Klioze, who serves patients in Florida.



New York City, New York Jun 27, 2023 ([Issuewire.com](https://www.issuewire.com)) - A devoted internist, Dr. Klioze is the Founder of Shield of Life, a platform through which she is able to offer education and guidance to the public. It serves as a resource where individuals seeking to improve their health and well-being could access valuable information and support. Her vision is to empower others with the tools and knowledge necessary to embark on their own transformative journeys toward a healthier lifestyle.

The company also sells BEMER, a healing device that enhances microvascular circulation, and SHIELD OF LIFE APPAREL a protective comfort wear clothing line made in Italy with antibacterial, antifungal, and hypoallergenic properties. Her goal is to provide a shield of protection and wellness for the body, but her ultimate dream is to inspire and promote Volusia and Flagler Counties to become Beacons of Wellness on the East Coast.

Throughout her academic career, Dr. Klioze earned her medical degree from the Eastern Virginia Medical School in 1995, and completed her residency in internal medicine at the University of Florida College of Medicine in 1999. Finally, she completed her fellowship in faculty development at the University of North Carolina at Chapel Hill in 2002, as well as an additional fellowship in informatics at the University of Florida under the guidance of Dr. Richard Rathe.

An authority in her field, the doctor is board-certified by both the American Board of Internal Medicine and the American Board of Obesity Medicine. She is also an active member of several professional organizations, including the American Obesity Association, the Florida Medical Association, the Volusia County Medical Association, and the Flagler Medical Association.

Her journey as a healthcare professional has been marked by a deep commitment to improving the lives of her patients. After serving as the Director of Faculty Development at the University of Florida and as a Hospitalist for the Veterans Administration (VA) in Gainesville, she embarked on a new chapter in her career in 2002. She relocated to the Daytona area to oversee a newly established metabolic clinic for Daytona Beach VA.

Within the metabolic clinic, Dr. Klioze dedicated herself to caring for patients grappling with a range of health challenges. She worked closely with individuals suffering from renal, liver, pancreatic, heart failure, and cancer, many of whom were also burdened by obesity and diabetes. Rather than simply treating their diseases, she adopted a comprehensive approach to healthcare. She recognized that her patients' well-being was influenced by multiple factors, and thus, she ventured beyond traditional treatments.

She began assisting her patients in making healthier food choices, recognizing the crucial role nutrition plays in overall health. She also addressed sleep disorders, understanding the impact of quality sleep on one's physical and mental well-being. In addition, she prescribed exercise regimens tailored to each patient's needs, recognizing the immense benefits of physical activity in managing and preventing chronic conditions.

However, Dr. Klioze's care extended even further. She recognized the importance of spirituality and encouraged her patients to engage in spiritual practices that resonated with them. She understood the power of community and helped her patients cultivate supportive networks of friends and family who would aid them in their transformative journeys.

The results of her holistic approach were remarkable. As her patients began to shed significant amounts of weight, many of them experienced a reduction in medications or even a complete resolution of their diseases. Conditions improved or went into remission, only to resurface when unhealthy lifestyle choices were made. Her patients found renewed hope and vitality, guided by her compassionate and comprehensive care.

Driven by the transformative impact she witnessed in her patients' lives, Dr. Klioze garnered recognition and admiration from colleagues, family members of her patients, and friends within the community. They urged her to share her knowledge and guidance with a wider audience, making her expertise accessible beyond the confines of the clinic. Inspired by this collective encouragement, she responded by founding Shield of Life.

Internal medicine is the medical specialty dealing with the prevention, diagnosis, and treatment of adult diseases. Physicians specializing in Internal Medicine are called Internists. They manage and prevent common and complex diseases by providing comprehensive care and promoting overall well-being.

On a more personal note, Dr. Klioze attributes her success to being an active listener, studying pathophysiology, and is determined to reverse disease as much as possible.

Learn More about Dr. Andria Klioze:

Through her findatopdoc profile, <https://www.findatopdoc.com/doctor/1025489-Andria-Klioze-Internist> or through Shield of Life, <https://www.shieldoflife.com/about>

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