

Milestone Marriage & Family Therapy Services Partners with Water of Life Christian School For Mental Health Groups!

Milestone Will Provide Several of Its Exciting Mental Health and Wellness Groups During WOL's 2023 "Monumental" Summer Camp

MILESTONE

MARRIAGE & FAMILY THERAPY SERVICES, PC

Dr. Leslie A. Miles & Associates

Fontana, California May 11, 2023 ([Issuewire.com](https://www.Issuewire.com)) - Milestone Marriage and Family Therapy Services, PC is proud to announce its partnership with Water of Life Christian School to bring thrilling and engaging mental health and wellness groups to the WOL campus during WOL's "Monumental" Summer Camp! Led by Dr. Leslie A. Miles, the owner, and CEO of Milestone, these groups are designed to provide children ages 8-15 years old with support, education, and resources to promote mental health and wellness.

As a parent of a current and prior student of Water of Life and a member of Water of Life Community Church for over 16 years, Dr. Miles understands the importance of supporting children and their families in their mental health journeys. The Mental health groups are specifically designed to create a safe space for children to improve their social skills, reduce anxiety and depression, process hard feelings, increase self-esteem, and promote healthy coping methods.

"We are thrilled to be partnering with Water of Life to bring these exciting and fun mental health and wellness groups to the WOL campus," said Dr. Miles. "Our goal is to provide children with the resources and support they need to thrive in all areas of their lives."

The Milestone team is excited to begin these groups and encourages everyone to share this information with anyone who may benefit from them. For more information, please visit www.milestonebhcs.com/wol-summer-camp.

About Milestone Marriage and Family Therapy Services: Milestone Marriage and Family Therapy Services is a counseling practice based in Ontario, California, specializing in helping individuals, couples, children, and families navigate life's challenges. The practice is dedicated to providing clients with personalized and effective therapy to promote mental health and wellness.

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Source : Milestone Marriage and Family Therapy Services, PC

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