

Marquita Catallo-Madruga, DPT, CFDN, a Physical Therapist in Private Practice

Get to know Physical Therapist Dr. Marquita Catallo-Madruga, who serves patients in Centennial, Colorado.



New York City, New York May 12, 2023 ([Issuewire.com](https://www.issuewire.com)) - Dr. Catallo-Madruga, also known as Dr. Marci, is a Doctor of Physical Therapy, Certified Vision Therapist, Certified Turbulence Trainer, and Certified Wellness Coach. She is in private practice in Centennial, Colorado.

To maintain an active lifestyle and healthy mind, Dr. Marci understands the importance of taking care of the body. She seeks to improve the health of her patients by healing the gut, balancing hormones, cleansing the liver, and harmonizing all bodily systems. She helps them to learn about and support genetics to detox the body in appropriate ways to learn about what nutrition strategy, exercise program, and supplement regime are best.

As a physical therapist, Dr. Marci can treat multiple conditions with exercises, electrical stimulation, joint mobilization, massage, laser or light therapy, dry needling, and cupping. She will create a treatment plan based on the patient's specific injury or condition, and might target a specific body part or body system based on the individual.

Truly believing in Functional Medicine and living by this model, Dr. Marci is a Certified Functional Medicine Practitioner (CFMP) through Nordic. She sought out this certification in an effort to provide patients with a more well-rounded perspective of the cause of symptoms and offer options other than pharmaceuticals, which is typically the first line of treatment in Western Medicine. While Dr. Marci has used manual therapy and orthopedic skills to help numerous patients with various health conditions achieve an improved quality of life; she wanted to provide more holistic care as a CFMP.

Throughout her academic career, Dr. Marci graduated with her Bachelor of Science degree in Kinesiology and Exercise Science from the University of Nevada, Las Vegas in 2002. She then went on to earn her Doctor of Physical Therapy degree from Regis University in 2005.

Among her various certifications include functional diagnostic nutrition, dry needling, manual therapy, and vestibular rehabilitation.

Professionally, Dr. Marci is an active member of the American Physical Therapy Association, US Master Swimming, and the Orthopaedic Division of the Academy of Orthopaedic Physical Therapy.

Physical therapy (PT), also known as physiotherapy, is one of the allied health professions that, by using evidence-based kinesiology, electrotherapy, shockwave modality, exercise prescription, joint mobilization, and health education, treats conditions such as chronic or acute pain, soft tissue injuries, cartilage damage, arthritis, gait disorders, and physical impairments typically of musculoskeletal, cardiopulmonary, neurological, and endocrinological origins. Physical therapy is used to improve a patient's physical functions through physical examination, diagnosis, prognosis, physical intervention, rehabilitation, and patient education. It is practiced by physical therapists (known as physiotherapists in many countries).

Attributing her success to her ability to see people for who they are, Dr. Marci has specialized in the health and wellness field for more than 15 years and applies her extensive medical knowledge to her clinical practice every day. She has given talks as a corporate wellness consultant and health consultant.

In her personal life, Dr. Marci lives in the Denver area of Colorado with her husband and twin sons. She loves gardening, spending time in the mountains, biking, hiking, camping, and skiing with her family.

Learn More about Dr. Marquita Catallo-Madruga:

Through her findatopdoc profile,

<https://www.findatopdoc.com/Expert/3193000-Marquita-Catallo-Madruga> or through her website, <https://drmarcicm.com/meet-dr-marci>

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