

Kyler York, L.Ac., an Acupuncturist with Moon Tides Acupuncture

Get to know Acupuncturist Kyler York, who serves patients in Wilmington, North Carolina.



New York City, New York May 12, 2023 ([IssueWire.com](https://www.issuewire.com)) - A licensed acupuncturist, Kyler is the Founder & Owner of Moon Tides Acupuncture in Wilmington, North Carolina.

As such, she specializes in hormonal and reproductive health, digestive issues, pain management, stress, and anxiety, as well as migraines and headaches. Her aim is to provide holistic care to all in a

comfortable, safe environment to allow individuals to thrive and feel well.

First introduced to alternative medicine practices as a child, Kyler attended acupuncture sessions with her stepmom. She saw first-hand the effect of acupuncture in treating her stepmom's Multiple Sclerosis (MS) diagnoses, empowering her stepmom to live a healthy lifestyle and symptom relief through acupuncture.

This early exposure influences Kyler's approach to treatment with patients today, meeting them where they are on their healing journey. She incorporates the mind-body-spirit connection to discover biological and lifestyle factors that can contribute to disharmony in the body. She uses a variety of treatment modalities offered with Chinese medicine, including acupuncture, cupping, gua sha, dietary advice, meditation, and movement techniques, and if needed, Chinese herbal remedies.

Holding a Master's degree from Pacific College of Oriental Medicine, Chicago, Kyler is nationally board certified and holds an acupuncture license in North Carolina.

She is a Fellow of the Acupuncture and Chinese Medicine Board of Reproductive Medicine (FABORM), which certifies a select group of acupuncturists in reproductive health through a comprehensive board examination and ongoing continuing education in both modern and traditional medicine.

Acupuncture is a form of holistic medicine and a key component of Traditional Chinese Medicine. It is a technique in which thin needles are inserted into the body and in some cases, electro-stimulation is applied to gently stimulate particular regions of the body. Acupuncture is also used to maintain general health and well-being. Acupuncturists treat a variety of physical and psychological issues, such as anxiety, depression, insomnia, pain, digestive disorders, and infertility.

Learn More about Kyler York:

Through her findatopdoc profile, <https://www.findatopdoc.com/doctor/82484812-Kyler-York-Acupuncturist> or through Moon Tides Acupuncture, <https://www.moontidesacupuncture.com/about>

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Source : Kyler York, L.Ac.

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