

Florida Couple Releasing THE BADASS BIBLE: 30 WAYS TO SLAY YOUR DAY - A Tome For Personal Growth/Success

In 30 Rounds, readers will learn how to knock out inefficiency and procrastination to unlock their inner beast and become more productive and mindful in every aspect of life.



Orlando, Florida May 30, 2023 ([Issuewire.com](https://www.issuewire.com)) - Co-owners of Ferpher Farms LLC microgreens startup, Christopher Conrad Tolen and Jennifer Ventre, are set to release their new self-help book

entitled "The Badass Bible: 30 Ways To Slay Your Day" on June 21, 2023.

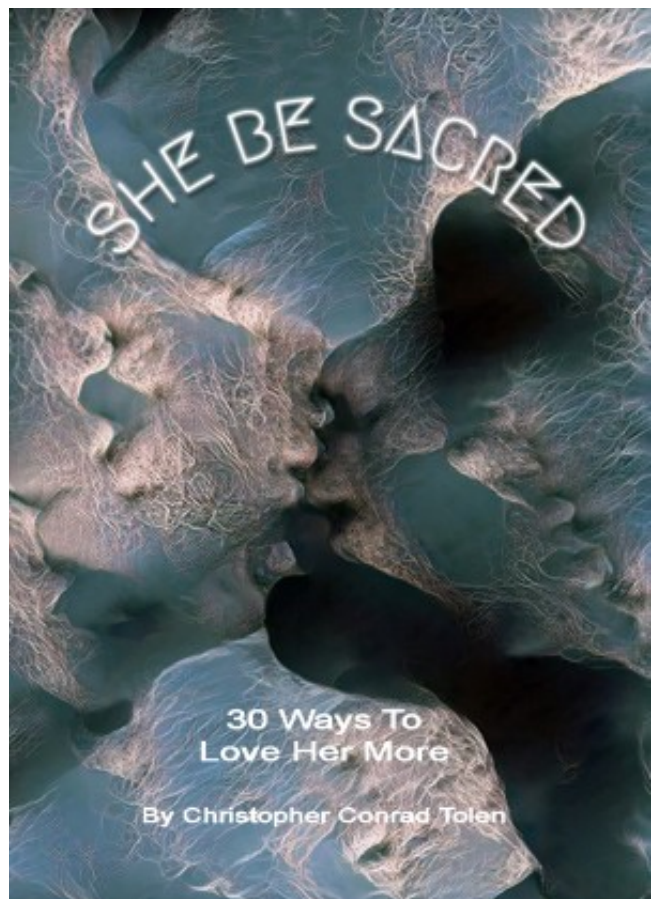
"The Badass Bible" is a comprehensive guide to overcoming obstacles and achieving success in every aspect of life. The book includes 30 practical and actionable tips to help readers become their best selves, and is designed to be a daily guidebook for personal growth and development.

"We wrote this book to help people unleash their inner badass and achieve their full potential," says Tolen, author of "She Be Sacred: 30 Ways To Love Her More" and owner of Mr. Mindful Home Care in Lake Wales, Florida. "We've learned a lot through our experiences as entrepreneurs and we want to share what we've learned with others."

The authors draw on their experiences as successful entrepreneurs to provide readers with practical advice on everything from mindset and productivity to relationships and financial management. Each chapter includes real-life examples and actionable steps to help readers apply the concepts in their own lives.

"We believe that everyone has the potential to be a badass, and we hope that this book will inspire and empower readers to take action and make positive changes in their lives," says Ventre.

"The Badass Bible: 30 Ways To Slay Your Day" is available for pre-order on Amazon and will be released on June 21, 2023. For more information, visit the authors' website at www.tolen.media or profiles on Goodreads and Amazon. [THIS VIDEO](#) was released to inform the public about the book.



Media Contact

Tolen Media

tolenmedia@gmail.com

4079003118

Source : Tolen Media

[See on IssueWire](#)