

EYP Launches New Transition Journal to Help Individuals Reflect on Change



EXPRESS YOUR PERSPECTIVE

TRANSITION JOURNAL

*Reflecting on Change:
A Journey of Transformation*

Houston, Texas May 4, 2023 ([Issuewire.com](https://www.issuewire.com)) - Express Your Perspective (EYP), is excited to announce the launch of its new transition journal, designed to provide guidance and support for individuals facing life's transitions.

The EYP Transition Journal is a valuable tool for recording thoughts, feelings, and experiences during times of change and transition in life. With 125 pages of interactive material and beautiful premium colors, the journal is a perfect introduction to the three Rs; Re|treat, Re|discover. Re|connect.

"Our coaching programs have helped countless individuals realize their potential and achieve their goals," said Eric Harrison, Founder and CEO of EYP. "The EYP Transition Journal is a natural extension of our mission to help people realize they already have all the tools they need, and how to use these tools to create the life they want now and in the future."

The journal provides a framework for individuals to reflect on their fears and uncertainties, as well as their hopes and dreams. By documenting progress, celebrating successes, acknowledging wants and needs, and unlocking potential, individuals can gain inspiration and motivation from their entries, and use their journal as a reminder of their resilience and strength.

"The EYP Transition Journal is a powerful tool for anyone to examine where they are in their journey and how to transition to the next level," said Harrison. "It's not just a journal – it's a roadmap to help people stay focused on their goals and traverse the obstacles they encounter on the way to their destination." Journals may be purchased at the EYP [online store](#).

About Express Your Perspective:

Express Your Perspective is a unique support system designed to help individuals understand their purpose and live out their legacy during times of significant change. Founded in 2015 by Eric Harrison, EYP's mission is "Helping People Do What They Love to Do For the People They Love so They Can Build a Rich and Long-Lasting Legacy." The company has helped thousands of individuals worldwide through its innovative products and services. To hear more of what Harrison has to say and learn about EYP please visit the EYP [media center](#).

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