

EMDR Therapy Goes Hi Tech with EMDR Light Bar and Virtual Versions

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Mobile, Alabama May 21, 2023 ([Issuewire.com](https://www.issuewire.com)) - The pioneer in introducing many innovations in EDMR therapy—EDMR Remote will be introducing more sophisticated online therapies and expand globally. The managing director said; “After the traction in the online EMDR light bar and EMDR virtual light bar, we are planning many next-generation therapy consulting services by partnering with branded clinics.”

EMDR Light bars were a milestone as the first bilateral stimulation device that saved EMDR therapists from a shoulder injury and fatigue. The flagship tool for EMDR practitioners helped in visual bilateral stimulation via eye movements. As the light bar came in there was no question of directing the eye movements manually.

However, the exigency of the COVID-19 pandemic became an opportunity as many mental health therapists had to move practices into online platforms, and the use of an online EMDR light bar became established.

Online EMDR Therapy (Eye Movement Desensitization and Reprocessing) works only after scrutinizing the medical history of a client to see whether online EMDR is a right option or not. For clients facing extreme trauma, a nurturing therapist in the room will be a big relief.

But for others EMDR virtual light bar is fine. In all online therapy plans privacy is a priority and platforms of EDMR should have integrated Telehealth mode with screen share options. This makes using a virtual light bar easier to command eye movements.

Best choices are open in RemotEMDR. These programs allow control of the speed and duration of each BLS session.

The MD added that the outlook on virtual EMDR tools is upbeat as EMDR virtual light bars are in high demand. They range in pricing, functionality, and user-experience. The most suitable virtual platform for EMDR practice is chosen based on factors like look and feel, cost advantage, and functionality.

The remote EMDR platforms are affordable. The EMDR light bar device delivers visual input. It is lined with LED lights with the horizontal bar mountable on a stand with programming directing lights to move in various directions.

There are different models of EDMR light bars. The modern ones can be controlled with an app. There is the option to customize the light bar in terms of the color of light or speed. The patient follows the sweeping light's movement from left to right and vice versa with their eyes and attains the bilateral stimulation EMDR protocol.

Now the latest update is EMDR light bars have Bluetooth connectivity and therapists can control the device via a mobile app. All you need to do is download the app and control everything from your smart phone. The online EDMR will grab more client base as it avoids the hassles of visiting doctor offices or therapists.

View

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