

Ann Faust, MD, an International Board Certified Lactation Consultant with Baby and Me Lactation Services

Get to know International Board Certified Lactation Consultant Dr. Ann Faust, who serves patients in Columbia, Maryland.



New York City, New York May 15, 2023 ([Issuewire.com](https://www.issuewire.com)) - Dr. Faust has over two decades of experience with breastfeeding and maternal health care to complement her clinical skills as an International Board Certified Lactation Consultant (IBCLC). She opened up her private practice, Baby and Me Lactation Services, in Howard County, Maryland in 2006.

A holistic practitioner who uses evidence-based science as her foundation, Dr. Faust believes it is her job not only to help to establish a good lactation relationship between the baby (ies) and the new family but to also make sure the whole process of lactation (from pregnancy or induction to weaning and sometimes further) is enjoyable for all the family. What she aims to offer is helping the new parents gain the confidence to adjust to life with the new baby while addressing the breastfeeding/chest-feeding and lactation issues that may arise during this relationship.

“My job is to give you evidence-based information, so you can make educated decisions for your family’s needs. The help may have been needed from the first moment you found out about your baby to breastfeeding your toddler and anything and anytime in between” she expressed.

Having lived and worked in England, Wales, Belgium, Finland, France, Germany, Netherlands, Rwanda, Sierra Leone, Turkey, and the United States, Dr. Faust emigrated from Sheffield, United Kingdom to Maryland, United States in 2000.

Since finishing medical school in Liverpool in 1997, she has worked with Royal Liverpool Hospital, North Yorkshire NHS Trust, The United Nations, The World Health Organization (WHO), Washington Children’s Hospital, Mt. Washington Pediatric Hospital, Howard County General Hospital, Center for Breastfeeding Information, and the La Leche League.

Dr. Faust has been working as a research assistant with the Ludwig Maximilian University of Munich (LMU), where she got her Ph.D. in Botanical Medicine in May 2017. She has been working as Lehrbeauftragter (Adjunct Professor) at the LMU Since August 2017.

Working with WHO as an International Code of Marketing of Breast-milk Substitutes “Code Keeper”, Dr. Faust regularly gives talks and hands-on demonstrations at national and international breastfeeding conferences, universities, medical schools, government, and private institutions. She has also helped many private and government organizations to establish lactation programs to benefit both the companies and the breastfeeding families.

For over 10 years, Dr. Faust worked as a La Leche League Leader with Columbia, MD group. She is a current member of the CBM who works on reviewing breastfeeding books and studies, and has been elected as Consumer Representative for the Maryland Breastfeeding Coalition in 2010.

A Fellow of the Royal Commonwealth Society, Dr. Faust is also an active member of the International Lactation Consultant Association, the United States Lactation Consultant Association, the Maryland Breastfeeding Coalition, the Maryland Coalition of Lactation Consultants, the Lactation Consultant Association of Greater Washington, the Royal Society of Medicine, the Childbirth and Postpartum Professional Association, Baby Milk Action, and the Daughters of the British Empire.

As an expert and advocate for maternal child care, Dr. Faust has regularly appeared in both local and international magazines, newspaper articles, television, radio, and in documentaries promoting breastfeeding and its impact on normal health both for mothers and babies and the world we are living in

at large.

Some of her appearances include the World Health Organisation video to advocate breastfeeding in India, Fox 45, Doctors Without Borders's publication, Baltimore's child, Discovery Health, BBC Radio 4, NBC, and NPR.

In her personal life, Dr. Faust and Robert live with their four children - Iona, Eleanor, Cedric, and Mikka as well as Prunella the little black cat, Tessu the guide dog, 4 pet chickens - who kindly give delicious fresh eggs to them daily- and a hand nurtured house-sheep called Lady Georgiana of Faust House, in Columbia, Maryland.

Outside of healthcare, her other interests are traveling as much time as possible with her lovely family, organic and biodynamic gardening (especially herbal and medicinal plants), fencing, swimming, and rock climbing. She also officiates for USA Swimming as a stroke and turn official in 2012.

Learn More about Dr. Ann Faust:

Through her findatopdoc profile,

<https://www.findatopdoc.com/doctor/85018413-Ann-Faust-Dietitian-Nutritionist-Pediatric> or through Baby and Me Lactation Services, <http://www.babyandmelc.com/about.html>

About FindaTopDoc.com

FindaTopDoc is a digital health information company that helps connect patients with local physicians and specialists who accept your insurance. Our goal is to help guide you on your journey toward optimal health by providing you with the know-how to make informed decisions for you and your family.

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