

Tracy Covington, PhD, AAPM, a Psychologist with All PSYCHedelic Health and Bickford Covington & Associates

Get to know Psychologist Dr. Tracy Covington, who serves patients in California.



New York City, New York May 2, 2023 ([Issuewire.com](https://www.Issuewire.com)) - Dr. Covington is a licensed clinical psychologist with a passion for people. She is the Founder and CEO of All PSYCHedelic Health in Redlands, California.

Her private practice of more than 30 years has been a composite of services including psychotherapy,

applied physiology, executive and organizational coaching, collaboration on monthly professional seminars, a monthly radio show, and a variety of publications emphasizing consciousness, psychology, temperament, and the possibilities of the human endeavor.

The mission of All PSYCHedelic Health is to utilize psychedelic medications combined with the best practices of both medicine and clinical psychotherapy to provide a personalized path for improved mental and overall well-being for humankind.

With growing evidence through more than two decades of research on the therapeutic benefit of Ketamine treatment for a variety of psychological health concerns, Dr. Covington is now expanding her services to include a variety of Ketamine (psychedelic) protocol therapies.

Her extensive background in consciousness training, hypnotherapy, meditation, and trauma work has prepared her to enter this space wholeheartedly.

Having traveled an eclectic path, Dr. Covington pursued many interests before finding her passion in the field of psychology. She graduated with her Bachelor of Science degree in Psychology from the University of Washington in 1984.

Thereafter, she earned her Master of Arts degree in Psychology and her Doctor of Philosophy degree in Clinical Psychology from the California School of Professional Psychology and the Professional School of Psychological Studies, in 1986 and 1989, respectively.

At Loma Linda University Medical Center (LLUMC), Dr. Covington served as a clinical staff psychologist within the Department of Anesthesia for Pain Control and Health Support Services (1986-1991), and as an assistant professor (1989-1992).

During her tenure at LLUMC, she enjoyed opportunities to integrate psychological concepts with a diversity of chronic pain conditions and life-threatening illnesses. This included the creation of transitions, a clinical support group specific to young adults challenged by severe health conditions such as cancer.

Media Contact

Your Health Contact

clientservice@yourhealthcontact.com

Source : Tracy Covington, PhD, AAPM

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