

## The Hidden Gym's Open House and Member Appreciation

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GYM**

**Atlanta, Georgia Apr 21, 2023 (IssueWire.com) - The Hidden Gym** located at 2011 Bolton Road, NW Suite 100, is excited to announce an open house event on April 22, 2023, from 9AM/ET to 12Noon/ET. This event is a great opportunity for the community to get a tour of our fitness facility, experience demos of our fitness classes/programs, meet our trainers, check out our supplements, and learn more about our membership options.

“At The Hidden Gym, we are committed to providing our members with the tools they need to achieve their fitness goals by combining our love of fitness with a desire to serve our community and do what it takes to push our members to achieve their fitness goals,” says The Hidden Gym owner, Rashad McDade. The Hidden Gym takes pride in helping members to "Unlock Your the Hidden You", by offering effective equipment, top-notch facilities, and highly experienced trainers which make us the perfect destination for fitness enthusiasts of all levels.

“We believe that our gym offers something for everyone, and we’re eager to showcase our programs and facilities during this event,” mentions Tosha McDade, co-owner. This open house event is open to the public, and we encourage everyone to come and check us out. Light refreshments will be provided, free classes, giveaways, and attendees can enter to win free gym memberships.

For more information about The Hidden Gym, please visit our website [www.theHGatl.com](http://www.theHGatl.com) or follow us on Instagram @the\_hiddengym .



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