

Ruth Reid-Thornton, MD, a Physiatrist with Chronic Pain Rescue

Get to know Physiatrist Dr. Ruth Reid-Thornton, who serves patients in Long Beach, California.



New York City, New York Apr 24, 2023 ([Issuewire.com](https://www.issuewire.com)) - An experienced specialist in physical medicine and rehabilitation, Dr. Reid-Thornton has been practicing medicine for over 20 years.

As the Founder of Chronic Pain Rescue in Long Beach, California, she has dedicated her practice to helping people suffering from chronic pain without the need for opiates. She strives to help others understand that diet, exercise, and other interventions can truly make a difference.

For high quality of living, Dr. Reid-Thornton has helped her patients rehabilitate from injuries or complications of disease through a range of treatment and rehabilitation techniques, including the application of holistic and integrative medicine principles.

Certified in homeopathy, she can recommend medicines and supplements which are safer to use than most products, and is uniquely qualified to provide Life Care Planning.

Regarding her educational background, Dr. Reid-Thornton earned her Bachelor of Arts degree from Wellesley College in 1984. She then went on to earn her medical degree from the Howard University College of Medicine in 1991, after which she performed her internship at Howard University Hospital in 1992 and her residency at SUNY Downstate in 1995.

With expertise in musculoskeletal and neurological conditions, the doctor is a Diplomate of the American Board of Physical Medicine & Rehabilitation (ABPMR). The mission of the ABPMR is to serve the public by improving the quality of patient care in physical medicine and rehabilitation. This is accomplished through a process of certification and maintenance of certification that fosters excellence and encourages continuous learning.

Board-certified in holistic and integrative medicine, Dr. Reid-Thornton is also a Diplomate of the American Board of Integrative Holistic Medicine.

Among her professional affiliations include the American Academy of Physical Medicine and Rehabilitation, the American Academy of Physician Life Care Planners, and the Academy of Holistic and Integrative Medicine.

Physical medicine and rehabilitation, also known as physiatry and physiatrics, is a branch of medicine that aims to enhance and restore functional ability and quality of life to those with physical impairments or disabilities. Physiatrists treat a wide variety of medical conditions affecting the brain, spinal cord, nerves, bones, joints, ligaments, muscles, and tendons.

Residing in Long Beach, Dr. Reid-Thornton enjoys spending time with family and friends, going to the theater, and singing.

Learn More about Dr. Ruth Reid-Thornton:

Through her findatopdoc profile,

<https://www.findatopdoc.com/doctor/2758728-Ruth-Reid-Thornton-Physiatrist-Physical-Medicine> or through Chronic Pain Rescue, <https://www.chronicpainrescue.com/about-dr-ruth-reid-thornton>

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