

## Paula Wolfer, Psy.D., Psychologist

Get to know Psychologist Dr. Paula Wolfer, who serves patients in Miami, Florida.



**New York City, New York May 4, 2023 ([issuewire.com](https://www.issuewire.com))** - A psychologist-in-training, Dr. Wolfer serves as Chief Resident at Bruce W. Carter VA Medical Center in Miami, Florida.

Her clinical interests are multifaceted, and include major and mild cognitive impairment due to various etiologies, including neurodegenerative diseases, TBI, and stroke, as well as comorbid with mood and personality disorders. She is highly motivated to explore these clinical interests, specifically working with

service members, veterans, and their families.

Academically, Dr. Wolfer graduated with her Bachelor's degree in Neuroscience from Indiana University Southeast in 2017. She then went on to earn her Doctor of Psychology degree from Midwestern University in 2022.

Furthering her training, she served as a psychology intern at Richard L. Roudebush VA Medical Center and is currently completing her residency in neuropsychology at Bruce W. Carter VA Medical Center.

An active advocate for extending military cultural awareness to members of her professional and personal community, Dr. Wolfer serves as a member of the American Psychological Association's Society for Military Psychology.

In combining her clinical interests and her personal advocacy for service members, she has dedicated her postdoctoral research to understanding the needs of veterans living with dementia or other incapacitating neurodegenerative or physical illnesses and their caregivers, as well as to improving healthcare services, quality of life, and communication with providers from multiple specialties and disciplines. She hopes to expound upon her research further by implementing progressive interventions to improve the quality of life for persons living with dementia.

Additionally, the goal of her research is to implement her findings into her clinical work, exploring the psychological, emotional, physical, financial, and medical needs of older adults, as well as the efficacy and effectiveness of aforementioned interventions with persons diagnosed with dementia and comorbid mood and/or personality disorders.

Psychology is the science of behavior and mind. It includes the study of conscious and unconscious phenomena, as well as feeling and thought. It is an academic discipline of immense scope. Psychologists assess, diagnose, and treat the psychological problems and behavioral dysfunctions resulting from, or related to, physical and mental health. In addition, they play a major role in the promotion of healthy behavior, preventing diseases, and improving patients' quality of life.

Attributing her success to her son (Wyatt) and her husband (Drew), Dr. Wolfer hopes to serve as an example and to continue her expertise to further help her community.

### **Learn More about Dr. Paula Wolfer:**

Through her findatopdoc profile,  
<https://www.findatopdoc.com/doctor/85018539-Paula-Wolfer-Psychologist>

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## Media Contact

Your Health Contact

clientservice@yourhealthcontact.com

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