

MUD2O, the Sustainable Superfood Brand Is All Set to Release Caffeine Alternative Day Mud

MUD2O launches all-natural superfood blends to improve overall body health and mental wellness. MUD2O aims to make it as easy as possible to access quality nutrients, enhance brain function, boost bodily longevity, and support detoxification.



Stuart, Florida Apr 21, 2023 ([IssueWire.com](https://www.issuewire.com)) - In a world where consuming a healthy diet is becoming more and more important every day, MUD20 is on a mission to make both physical and mental health accessible to everyone. This brand of sustainably sourced superfood that blends in some easily consumable natural supplements is all set to release its unique initiative, Caffeine Alternative Day Mud. Helping its consumers enhance physical and mental health through its supplements, the goal is now to bring quality ingredients and minerals together to support brain functions, longevity, and detoxification. This is why the thought of Caffeine Alternative Day Mud was born where the morning caffeine doses will be replaced with a satisfying blend of adaptogens and nootropics. The Caffeine Alternative Day Mud is scheduled to launch in spring 2023 on [Mud20.com](https://mud20.com).

The self-care and beauty pro Rosalia Krkuc has founded MUD20 to highlight and make people understand and at the same time value the connection between food, health, and emotional well-being. The experience of fifteen years has given her enough knowledge about the power of supplements and treatments. This is why she has chosen to enlighten people and increase access to innovative super blends that make a tangible difference in her customers' lives. "With ingredients like Astaxanthin and Ashwagandha, we are nourishing our cells and helping our bodies adapt to everyday stressors – instead of hyping them up with caffeine and hoping for the best. I am so happy to be able to bring to others a formula that has helped me and my loved ones focus effectively and feel better overall" said MUD20 Founder Rosalia Krkuc.

MUD20's debut super blend, Day Mud will have the power of Mushrooms that will be of 10 different types, blended for optimal nutrients and proteins. In addition to that, there will be Ashwagandha, a traditional medicine that helps the body manage stress, anxiety, and inflammation, and Astaxanthin which is an antioxidant from plants that helps to enhance immunity, mental function, and skin cell protection. The super blend also has Turmeric and Maca in its ingredient list which is known for keeping the heart healthy, enhancing memory, easing inflammation, balancing hormones, and boosting endurance by increasing energy. Ginseng, a natural herb that eases fatigue, boosts brain function and makes the body adaptable to stress will also be present in the blend, increasing the impact on both physical and mental well-being.

Upon release in the spring of 2023, Day Mud will be available for purchase through its website for \$34.99 in a reusable Bamboo Jar. The customers will also get an option to purchase a refillable pouch for \$29.99. Along with Day Mud, there will also be another debutante to follow, Sweet Mud, a natural low-calorie sweetener with just 1.5 g of sugar per serving and functional mushrooms to regulate the effect of sugar spikes. MUD20'S Day Mud will bring regulated energy to calm and relaxed lifestyles as well as enhance focus and body function. This super blend will help enhance clarity and mental performance. Day Mud and Sweet Mud, both will be available on Amazon and www.mud20.com.



Media Contact

Mud2o

hello@mud2o.com

772-888-1556

3100 SE Federal Hwy, #1051

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