

## **Jeffrey S. Tartack, DC, CCSP, a Chiropractor with Tartack Chiropractic & Wellness Center**

Get to know Chiropractor Dr. Jeffrey S. Tartack, who serves patients in Fort Lauderdale, Florida.



**New York City, New York Apr 20, 2023 ([Issuewire.com](https://www.issuewire.com))** - Dr. Tartack is a seasoned chiropractor and Certified Chiropractic Sports Physician (CCSP) who is well-known for his exceptional patient care in Fort Lauderdale and the surrounding South Florida communities.

In July 2006, he opened Tartack Chiropractic and Wellness Center, where he dedicated himself to treating his patient's symptoms and physical dysfunctions. He is certified in Cold Laser Therapy, Active Release Technique (A.R.T.), Kinesio Taping, and Biomechanical Orthotic Assessment. He is also well-versed in sports medicine, nutrition, spinal rehabilitation, pain management, and manipulation under anesthesia.

A native of New York City, Dr. Tartack attended Stony Brook University on a tennis scholarship. He then went on to earn his Bachelor of Arts degree in Political Science from Brooklyn College, before completing his Doctor of Chiropractic degree from the University of Bridgeport in 2001. He began his career in New York City, where he discovered his passion for helping patients, before relocating to Florida in 2006.

Recognized as a Fellow of the American Back Society, he is an active member of the American Chiropractic Association, the Florida Chiropractic Association, the American Academy of Pain Management, and the American College of Sports Medicine.

Extending his commitment to excellence beyond his practice, Dr. Tartack was praised by the New York Police and Fire Department for his dedication during the September 11, 2001 volunteer efforts. Additionally, he has worked as part of the medical staff for the New York City Marathon, Women's PGA Tour, USTA Events, and numerous collegiate sports programs throughout the Tri-State area.

Chiropractic is a form of alternative medicine that mainly deals with the diagnosis and treatment of mechanical disorders of the musculoskeletal system, especially the spine. A chiropractor uses spinal adjustments, manipulation, and other techniques to manage patients' health concerns, including neck pain, back pain, headaches, vertigo, and a long list of other ailments and conditions. They aim to improve patients' functionality and quality of life by properly aligning the body's musculoskeletal structure and enabling the body to heal itself naturally, without the use of medication or surgery.

#### **Learn More about Dr. Jeffrey S. Tartack:**

Through his findatopdoc profile, <https://www.findatopdoc.com/doctor/2143285-Jeffrey-Tartack-Chiropractor> or through Tartack Chiropractic & Wellness Center, <https://www.tartackchiropractic.com/meet-dr-tartack>

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Source : Jeffrey S. Tartack, DC, CCSP

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