

Burt Singerman, MD, MPH, a Psychiatrist

Get to know Psychiatrist Dr. Burt Singerman, who serves patients in Pittsburgh, Pennsylvania.



New York City, New York Apr 21, 2023 ([Issuewire.com](https://www.issuewire.com)) - Burt Singerman, MD, MPH is a Distinguished Life Fellow of the American Psychiatric Association. He graduated from Harvard Medical School and completed his psychiatric residency at Johns Hopkins Hospital. He has served as the head of three successful academic departments of psychiatry and has just accepted a new chairmanship.

Dr. Singerman was a Civilian Psychiatric Consultant at the Pentagon and the Department of Defense. He worked with Dr. Donald Meichenbaum to develop stress inoculation training, which is now required by all branches of the United States military. Pre-deployed soldiers must complete Stress Inoculation Therapy before they are sent to a combat theater. This training has been shown to decrease the probability of developing post-traumatic stress disorder (PTSD) from combat experiences.

Dr. Singerman has received an Exemplary Psychiatrist of We Year Award from the National Alliance on Mental Illness. He was also awarded the Psychiatry Leadership Award in 2021 for his contributions to psychiatry.

In addition to his own clinical practice, Dr. Singerman founded and acts as Medical Director of the National Psychiatry and Psychology Subspecialty Expert Witness Network.

Learn More about Dr. Burt Singerman:

Through his findatopdoc profile, <https://www.findatopdoc.com/doctor/8136616-Burton-Singerman-psychiatrist-Pittsburgh-Pennsylvania>

About FindaTopDoc.com

FindaTopDoc is a digital health information company that helps connect patients with local physicians and specialists who accept your insurance. Our goal is to help guide you on your journey toward optimal health by providing you with the know-how to make informed decisions for you and your family.

Media Contact

Your Health Contact

clientservice@yourhealthcontact.com

Source : Burt Singerman, MD, MPH

[See on IssueWire](#)